

# Wear & Care Instructions

## Universal Abdominal Binder

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Care & Cleaning

Product should be air-dried, do not use high temperatures to wash or dry. Close all contact closures and hand wash in warm water with mild soap.

### Applying the Orthosis

1. Open the abdominal binder.
2. Grasp elastic and foam sides and position over the abdominal area.
3. Gently stretch the abdominal binder and attach hook section along any part of the foam liner.

Note: Abdominal binder should not be worn for extended periods of time. Please follow the guidance from your healthcare professional.

### Re-ordering

If you have exceeded your NHS entitlement, it's easy to re-order - just contact our Customer Services team with the product code (NB) for a quote or for more details.

#### IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counseling. If you have any questions about treatment for a specific condition, please check with a health care professional.

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