











Orthotic Essentials Product Catalogue

Contents

From humble beginnings, we have grown to become one of the UK's largest suppliers of orthotic and orthopaedic products to the NHS, blending bespoke and standard devices as well as innovation and age-old skills.

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Steeper Orthotic Essentials

Welcome to the Steeper Orthotic Essentials product catalogue.

The Steeper Orthotic Essentials range offers a selection of carefully handpicked stock products that ease and enable patient mobility. A full head to toe range, these off-the-shelf options offer clinicians value for money, high quality products that are readily available within a short lead-time.

For any queries regarding the products within this catalogue, or any others outside of this range, please contact orthoticenquiries@steepergroup.com.

Bespoke custom manufacturing service

To complement our comprehensive stock products range, we also manufacture a variety of fully bespoke products at our Steeper manufacturing sites in the UK. These products include:

- Scrum-type helmets
- Neck collars
- Spinal bracing
- Hip bracing
- KAFOs
- Knee bracing
- AFOs Insoles
- Footwear
- Repairs and adapts

Creating custom devices for orthotic application demands rare skills with tried-and-tested techniques. We are proud to have our expert technicians with these skills, who are committed to crafting the perfect orthoses to provide superior stabilisation, support and comfort to patients.

With specialisms from paediatric all the way to geriatric, our technical teams produce products that provide exceptional fit and functionality.

For further information on our bespoke custom products and manufacturing capabilities, please contact orthoticenquiries@steepergroup.com

Ordering & Delivery Information

How to order

Steeper accepts orders by the following methods:

- by telephone 0113 207 0435
- by fax 0113 272 5689
- by email orthoticenquiries@steepergroup.com

Please specify product code, quantity required and any special delivery information.

Delivery options

The following options are available as standard:

- First class post
- Next working day

If you require a timed delivery the following options are available:

- Next working day before 9:00*
- Next working day before 10:30
- Next working day before 12:00 noon
- Saturday delivery**
- Same day delivery**

For next day delivery, orders must be placed with Steeper by 17:00.

Additional delivery charges may apply for timed delivery, please contact Customer Services for further details.

*Subject to location, restrictions may apply.

We can offer order confirmation on all orders via e-mail or fax.

Returns procedure

All stock may be returned within a 30 day period, it must be in its original packaging and in a saleable

We do not charge restocking fees for our range of orthotic essentials products. Custom and made to order products are non-returnable as these have been made outside the standard size ranges. If in doubt please contact our Customer Services team for clarity on 0113 207 0435.

Delivery shortages/satisfaction

On receipt of your goods, please check that the delivery note matches what you have received. In the unlikely event of receiving the wrong product or quantity, please notify our Customer Services team within 7 days.

Any product supplied by Steeper is for single patient use only and should be fitted by a qualified professional. Re-use of any products is potentially dangerous and will invalidate the CE mark or any warranty.

^{**}Additional charges and restrictions may apply, please contact Customer Services for further details.



To order contact orthoticenquiries@steepergroup.com

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Starlight Standard



5180-size

5180-1-size

5180-2-size

Brown*

Red

Blue

Features and Benefits

- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight approximately 100g
- Machine washable
- Available in head circumferences 45cm to 62cm in 1cm increments

Indications for Use

• Simple yet effective protection for people at risk of head injury

Example: for a red Starlight Standard Helmet measuring 50cm - "5180-1-50" *Available to order but non-returnable. Example: Helmet measuring 45cm - "5180-45"

Starlight Secure



Features and Benefits

- Impact absorbing soft/firm foam combination construction
 - High quality cotton
 - Soft to the skin
- Lightweight approximately 100g 130g (size dependent)

Indications for Use

Advanced protection for people at risk of head injury

*Starlight Secure model shown with optional forehead protector, neck cushion and chin guard

Size	Head Circ. (cm)	Product Code	Accessories	Produc
1	47 - 49	C401101B-1	Chin Guard	C4012B
2	50 - 52	C401102B-1	Forehead Protector	C4013B
3	53 - 55	C401103B-1	Neck Cushion	C4014B
4	56 - 59	C401104B-1		
5	60 - 62	C401105B-1		

Starlight Secure Leather



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- Leather lined
- Soft to the skin
- Lightweight approximately 100g 130g (size dependent)

ndications for Use

Advanced protection for people at risk of head injury

Size	Head Circ. (cm)	Product Code
1	47 - 49	C401101
2	50 - 52	C401102
3	53 - 55	C401103
4	56 - 59	C401104
5	60 - 62	C401105

Accessories	Product Code
Chin Guard	C4012
Forehead Protector	C4013
Neck Cushion	C4014

Basic Foam Collar



Features and Benefits

- Symmetrical design provides comfortable support, suitable for night use
- Touch and close fastening

Material: Medium density foam covered with stockinette.

Indications for Use

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis

Size	Neck Circ. (cm)	Front Depth (cm)	Product Code
X-Small	33 - 37	7	BFC/XS
Small	38 - 42	8	BFC/S
Medium	43 - 46	9	BFC/M
Large	47 - 51	10	BFC/L
X-Large	52 - 56	11	BFC/XL

*Made to measure service available, please provide neck circumference and front depth

Semi Rigid Collar



eatures and Benefits

- Provides improved stability with shaped chin support, suitable for night use
- Touch and close fastening

Material: High density PVC foam laminate covered with stockinette.

Indications for Use

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis

Size	Neck Circ. (cm)	Front Depth (cm)	Product Code
Small	38 - 42	6.5	SRC/S
Medium	43 - 46	7	SRC/M
Large	47 - 51	8	SRC/L

*Made to measure service available, please provide neck circumference and front depth

Shaped Foam Collar



Features and Benefits

- Symmetrical design provides comfortable support, suitable for night use
- Increased shaping to reflect underlying anatomy and provide an improved fit
- Touch close fastening

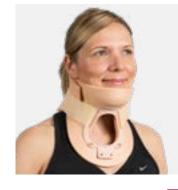
Material: Medium density foam covered with stockinette.

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis

Size	Neck Circ. (cm)	Front Depth (cm)	Product Code
Small	38 - 42	6.5	SFC/S
Medium	43 - 46	7	SFC/M
Large	47 - 51	8	SFC/L

^{*}Made to measure service available, please provide neck circumference and front depth

Philadelphia Collar



Features and Benefits

- Two-piece moulded collar provides adjustable and comfortable support
- · Touch and close fastening

Material: Non-toxic hypo-allergenic plastazote.

Indications for Use

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis
- Post-op control of extension/flexion

		Product Code	
Size	Neck Circ. (cm)	Front Depth 8.5 cm	Front Depth 11 cm
Small	25 - 33	PCC/8.5/S	PCC/11/S
Medium	33 - 41	PCC/8.5/M	PCC/11/M
Large	41 - 49	PCC/8.5/L	PCC/11/L

Universal PROGLIDE 172



Description

172 Collar

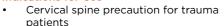
Universal Spare liner set

Features and Benefits

The PROGLIDE 172 cervical collar is one of our most advanced collars to date. It maintains posture and with improved padding, allows more effective pressure distribution to decrease the risk of redness and skin breakdown. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one-size-fits-all solution. The collar also combines a new and improved hook and loop fastening system, providing the clinician with advanced control whilst fitting.

- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Removable thoracic attachment
- Soft cloth inner liner Tracheal opening
- MRI, CT, X-Ray compatible

Indications for Use



- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis

Product Code

PG172

PGPAD172

Anterior cervical fusion

- Halo removal
- Dens type 1 cervical fractures of C2
- vertebrate
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Neural involvement
- · Atlanto-occipital dislocation

Universal PROGLIDE 174



Features and Benefits

The PROGLIDE 174 cervical collar is designed to offer maximum support with the addition of an extended sternal pad for increased occipital support. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one-size-fits-all solution. The collar maintains posture and with improved padding, allows more effective pressure distribution to decrease the risk of redness and skin breakdown. The collar also combines a new and improved hook and loop fastening system, providing the clinician with advanced control whilst fitting.

- Extended sternal pad and occipital support
- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Removable thoracic attachment
- Soft cloth inner liner
- Tracheal openingMRI, CT, X-Ray compatible
-, e., x . .ay cempana.

Indications for Use

- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion

	Antenor	cervic	aı
Produ	ct Code		
PG174			

PGPAD174

- Halo removal
- Dens type 1 cervical fractures of C2 vertebrate
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Neural involvement
- Atlanto-occipital dislocation

Miami J[®] Advanced

Universal Spare liner set

Universal

Description

174 Collar



Features and Benefits

- Unique sizing mechanism allows for easy modification to suit individual patients, simultaneously achieving an accurate fit and reduced stock levels
- Bioengineered to minimise pressure points in key known areas: chin, occiput, trapezius and clavicle
- Sternal pad disperses ambulatory pressure and is fully removable, enabling the front of the collar to be taken off when cleaning intubated patients, without the need to remove the tube
- Patented Flex Edge® technology delivers soft over-moulded edges that gently conform to the contours of the anatomy and distribute pressure evenly
- MRI, CT and X-ray lucent

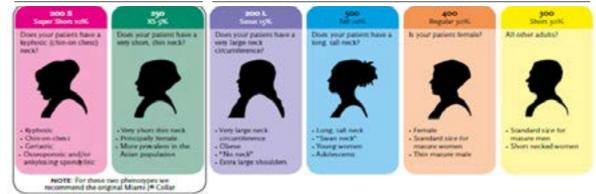
Indications for Use

- Post trauma
- Stable cervical fractures
- Cervical spondylitis
- Cervical spondylosis
- RA and OA cervical spine
- Herniated cervical disc
- Post operative

Phenotype Sizing Chart

Speciality sizes: 15% of the population

Standard sizes: 85% of the population



With Miami J® Advanced, one collar can be adjusted to fit various sizes, please contact Customer Services for guidance on sizing.

Description	Product Code - Collar Set*	Product Code - Collar
Miami J® Advanced	MJAR-101	MJA-100
Replacement pads	MJAP-101	
· 		

^{*} The collar set comes with one additional set of replacement pads.

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Miami J® Cervical Collar



Features and Benefits

- Sorbatex[™] padding is antibacterial and clinically proven to inhibit microbial growth, which enhances comfort and helps ensure patient compliance
- MRI, CT and X-ray lucent
- Bioengineered to minimise pressure points in key known areas: chin, occiput, trapezius and clavicle
- · Comfort adjustment buttons for occiput and sternal pad removable when lying and swallowing

Standard sizes: 60% of the population

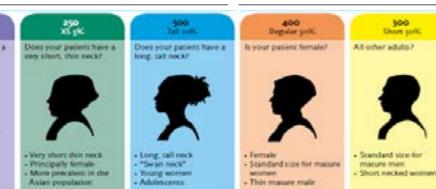
Indications for Use

- Post trauma
- Stable cervical fractures
- Cervical spondylitis
- Herniated cervical disc
- RA and OA cervical spine
- Cervical spondylosis
- Post operative

Sizing Chart

Osseoporosic and/or ankylosing spondylisic

Speciality sizes: 30% of the population



Phenotype based sizing system makes size selection simple while drastically reducing margin of error in fitting a patient. Each collar has bioengineered size specific front and back sections designed to work together for superior immobilisation.

Miami J front and back panels may be interchanged to accommodate patient anatomy, e.g. a short front may be used with a tall back. Choose collar size based on patient neck height, not patient body size. Super short consist of a regular back panel and a super short front panel.

Please contact Customer Services for guidance on sizing.

Size	Product Code Collar Set*	Product Code Collar	Product Code Collar Back	Product Code Collar Front	Product Code Replacement Pads
Super Short	MJR-200S	MJ-200S	MJ-400BK**	MJ-200SFRT	MJP-100
Stout	MJR-200L	MJ-200L	MJ-200LBK	MJ-200LFRT	MJP-200L
X-Small	MJR-250	MJ-250	MJ-250BK	MJ-250FRT	MJP-250
Short	MJR-300	MJ-300	MJ-300BK	MJ-300FRT	MJP-100
Regular	MJR-400	MJ-400	MJ-400BK	MJ-400FRT	MJP-100
Tall	MJR-500	MJ-500	MJ-500BK	MJ-500FRT	MJP-100

^{*}Collar sets come with one additional set of replacement pads.

Aspen Vista® Universal Collar



Features and Benefits

- · Innovative height adjustment technology
- Adjustable front depth using a unique dial adjustment mechanism
- The Vista collar is six collars in one, allowing for improved fit
- Reducing storage and inventory costs
- 100% cotton latex free

Indications for Use

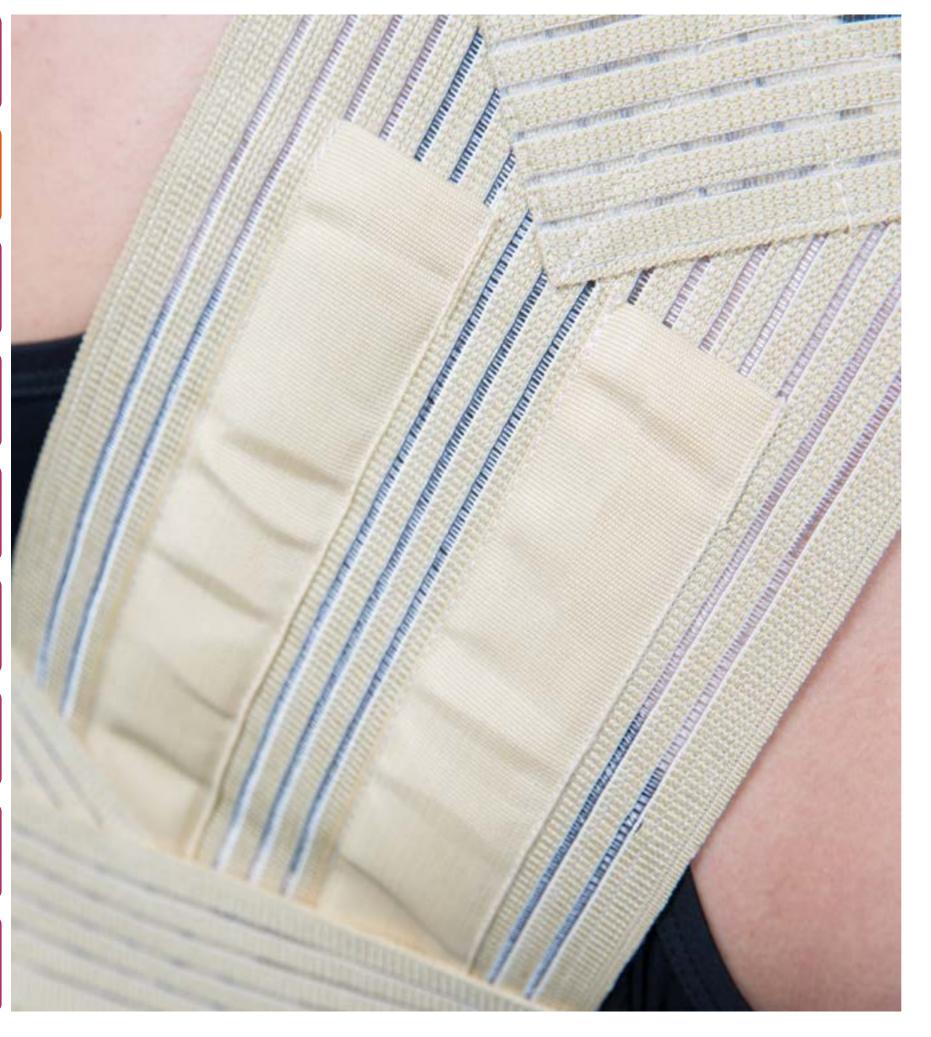
- Post-trauma
- · Stable cervical fractures
- Cervical spondylitis
- Cervical spondylosis
- R/A & O/A cervical spine
- Herniated cervical disc
- Post-operative
- Motor Neurone Disease

Details	Size	Product Code
Aspen Vista Collar	Universal	984000
Aspen Vista Collar & Pad	Universal	984002

Details	Product Code
Replacement Pads (set)	984020
Back Panel Replacement Pads - Standard	984026
Back Panel Replacement Pads - Large	984028
Back Panel - Standard	984006
Back Panel - Large	984008

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^{**}Super Short collars are packaged with Regular Back Panels.



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Universal Abdominal Binder



Features and Benefits

Neoprene binder with touch and close fastening and bound edges

Universal sizing to reduce stock holding

Indications for Use

Post-op support/ventral hernia

Size	Front Depth (cm)	Back Depth (cm)	Product Code
Universal	22	22	ND

Universal Deep Abdominal Binder



Features and Benefits

- Deep abdominal binder with simple touch and close fastening
- Adjustable to allow for stoma care
- Universal sizing to reduce stock holding

Indications for Use

Post-op support/ventral hernia

Size	Front Depth (cm)	Back Depth (cm)	Product Code
Universal	22	30	AB

Universal Temporary Hernia Support



A separate 150mm diameter, 18mm thick soft hernia pad can be located as required

Indications for Use

- Hernia
- General posture support
- Lumbar strains
- Sciatica
- Lumbosacral strains

Size	Height (cm)	Product Code
Universal	23	1043
Universal	30	1044
Universal	30	1044

Product Code
1041/P

Sacro Lumbar Support



Size	Waist Circ. (cm)	Product Code
Small	63 - 73	SLS/S
Medium	74 - 83	SLS/M
Large	84 - 96	SLS/L
X-Large	97 - 109	SLS/XL

Features and Benefits

- Made from a ventilated mesh with four posterior shaped stays for greater support
- Elastic front with one-piece touch and close fastening; elasticated double fulcrum straps for additional support

Indications for Use

- Osteoarthritis
- Lower back pain
- Sciatica
- Post-op stability

Elasticated Lumbar Sacral Support



Size	Waist Circ. (cm)	Product Code
Small	69 - 76	ELS/S
Medium	79 - 86	ELS/M
Large	89 - 97	ELS/L
X-Large	99 - 107	ELS/XL
Depth - 2	4.1 cm	

Features and Benefits

- Lumbar sacral support made from lightweight ventilated mesh elastic
- Two posterior shaped stays and two plastic stays
- Two touch and close fastenings allows the patient to obtain the optimum fit
- Elasticated double fulcrum straps for additional support and improved fit

Indications for Use

- Osteoporosis
- Lower back pain Sciatica

Deep Elasticated Lumbar Sacro Support



Size	Waist Circ. (cm)	Product Code
Small	69 - 76	DEL/S
Medium	79 - 86	DEL/M
Large	89 - 97	DEL/L

Features and Benefits

- Deep lumbar sacral support made from lightweight ventilated elastic
- Four posterior stays
- Adjustable touch and close fastening allows the patient to obtain optimum
- Elasticated double straps for additional support and improved fit

Indications for Use

- Osteoporosis
- Lower back pain
- Sciatica

Osteoarthritis

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VENUM Universal LSO



Features and Benefits

The VENUM LSO is the ultimate one-size-fits-all semi rigid comfort brace for the lumbar-sacral region. Its primary function is to reduce pain, whilst providing support and immobilisation to the lumbar-sacral spine. The highly effective cincher design produces maximal intra-abdominal pressure to distract the vertebral bodies of the spine, reducing pain, improving non/postoperative outcomes and enhancing patient rehabilitation. As the brace is universal in nature, it has the benefit of fitting every patient type and can be stored easily where limited storage is

- Double drawstring pulley closure system
- Cincher technology
- Reduced stock holding
- Cost effective
- Motion restriction of the lumbar regions L1 L5
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made with durable, breathable, soft, hypo-allergenic materials that wick away perspiration Fits waist circumferences from 60cm-157.5cm; optional extender panel adds 10.25cm to circumference

Indications for Use

- Chronic back pain
- Degenerative, herniated or bulging disc
- Spondylolysis
- Spondylolisthesis

	•	Spirial steriosis
Size	Description	Product Code
Universal	VENUM LSO belt	VHBELT
Universal	Extender Panel	STEXT

- Facet syndrome Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

Size Chart

To fit the VENUM LSO belt correctly, please choose the desired size on the slide panel from the charts below.

Size	Waist Measurement (cm)	Size	Waist Measurement (cm)
X-Small	60 - 65	X-Small/Small	65 - 70
Small	70 - 75	Small/Medium	75 - 80
Medium	80 - 85	Medium/Large	85 - 90
Large	90 - 95	Large/X-Large	95 - 100
X-Large	100 - 105	X-Large/2X-Large	105 - 110
2X-Large	110 - 115	2X-Large/3X-Large	115 - 120
3X-Large	120 - 125	3X-Large/4X-Large	125 - 130
4X-Large	130 - 135	4X-Large/5X-Large	135 - 140
5X-Large	140 - 145	Add extender panel	157.5 - 182.5
Panel fully open	142.5 - 157.5		

Oasis LSO



Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid LSO braces.

- The traction closure system provides easy compression adjustments
- Revolutionary spacer fabric offers increased breathability, heat and moisture removal, less bulk and longer life span than trilaminates
- Flexibility of closing mechanism ensures an excellent fit across various body shapes
- Effective within T9 S1

Indications for Use

- Burst Fx
- Post-op spinal lumbar
- Stabilisation
- Chronic back pain
- Compression Ex
- Degenerative, herniated or bulging disc
- Spinal instability

- Post-op disc surgery
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis Facet syndrome
- Tumours or inflammation
- Post-op laminectomy

Size	Waist (cm)	Hip (cm)	Product Code
X-Small	66 - 82.3	78.7 - 94	OALS/XS
Small	76.2 - 91.4	88.9 - 104.14	OALS/S
Medium	86.4 - 101.6	99 - 114.3	OALS/M
Large	96.5 - 111.8	109.2 - 124.5	OALS/L
X-Large	106.7 - 121.9	119.4 - 134.6	OALS/XL
XX-Large	116.8 - 132	129.5 - 144.8	OALS/XXL
XXX-Large	127 - 142.2	139.7 - 154.9	OALS/XXXL

Spinal Plus



Features and Benefits

- An ultralight and non-intrusive spinal brace for the treatment of osteoporosis Shoulder straps with pads that can be easily positioned by hook and loop
- Adjustable internal structure in aluminium alloy (radiotransparent)
- Dorsal-abdominal stays with low-friction strap
- Self-directing buckles

Indications for Use

- Lower back pain
- Osteoporosis

- Hyperkyphosis
- Juvenile osteochondrosis

Size	Distance T1 - L5 (cm)	Product Code		
X-Small	35 - 41	MT1049XS		
Small	41 - 47	MT1049S		
Medium	47 - 57	MT1049M		
Large	54 - 61	MT1049L		

Thoraco Lumbar Support



Features and Benefits

- Highly ventilated elastic back panel with two removable shaped stays for increased support
- Stretch elastic cross over shoulder straps to maintain posture
- Touch and close fastening for ease of use

Indications for Use

- Osteoporosis kyphosis reduction
- Thoraco lumbar muscular injuries

Size Waist Circ. (cm) Product Code Small 61 - 70 TLS/S Medium 71 - 81 TLS/M Large 82 - 93 TLS/L 94 - 104 TLS/XL X-Large XX-Large 105 - 115 TLS/XXL 115 - 127 TLS/XXXL XXX-Large

Universal Cross Pectoral Brace



A comfortable, cosmetic hyperextension brace which can easily be donned and doffed.

- Adjustable, flexible pectoral pads with silicone hinges fit comfortably below clavicles and does not impinge on the patient's sternum or choke when sitting, thus providing increased comfort and compliance
- ATL pectoral pads provide rotation and linear adjustment
- Hinged pubic pad assembly adjusts to the patient's contour and can be quickly manipulated for a precise fit
- Universal closure strap and pad
- One long strap which can be cut to the patient's circumference and fit with a Y-tab over

To order contact orthoticenquiries@steepergroup.com

Anterior closure allows for easy donning and doffing

- Osteoporosis
- Kyphosis
- Description Product Code Universal Universal Cross Pectoral Brace CROSSP

- Thoracic stabilisation
- Thoracic extension
- Spinal alignment

Hyperextension Brace



Features and Benefits

- Lightweight aluminium construction
- Padded pelvic band can be locked or free to adjust as patient changes from standing to sitting, avoiding brace shift
- Simple height and width adjustment of sternal component
- Three step auto-lock system allows for easier access
- Lightweight and hard wearing polymer hinge with no metal springs guarantees the right amount of movement between the frames and pelvic

ndications for Use

- Immobilisation following inter-vertebral disc surgery
- Stable vertebral compression fractures of the lower thoracic and lumbar

Size	Pelvis Circ. (cm)	Height of Brace (cm)*	Product Code
X-Small	50 - 60	30 - 37	MP100XS
Small	60 - 75	34 - 42	MP100S
Medium Short	75 - 90	34 - 41	MP100MS
Medium	75 - 90	36 - 46	MP100M
Medium Long	75 - 90	40 - 52	MP100ML
Large Short	90 - 105	36 - 46	MP100LS
Large	90 - 105	40 - 52	MP100L
X-Large Short	105 - 115	39 - 49	MP100XLS
X-Large	105 - 115	42 - 54	MP100XL
*Measured from	n the proximal side o	f the body of the sternum	to the upper

edge of the pubis (pubic tubercle)

SOMI Brace







Fully adjustable cervical system providing maximum support whilst immobilising the head, includes headband for rigidity when chin plate is removed for washing, eating or dressing.

Indications for Use

- Post trauma cervical spine instability
- Rheumatoid arthritis control of extension/flexion side flexion and rotation

Size	Product Height (cm)	Product Code
Small	Up to 144	SOMI/SML
Regular	Over 145	SOMI/REG

Made to Measure

We can manufacture your spinal orthosis utilising the latest CAD/CAM technology which allows us to carve a mould nearly identical to your patient's measurements or scanned image.

Each individual orthosis is fabricated to the patient's unique measurements and your specifications, ensuring the very best fit, support, and comfort.

Please refer to page 83 for the Custom Spinal order form or contact orthoticenquiries@steepergroup.com for more information.

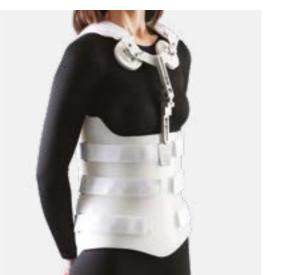
TLSO Soft Body Anterior M2M Cast





Custom to Measurement TLSO Bivalve (ATE version)



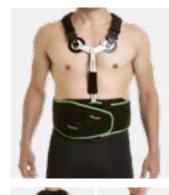


Custom Scoliosis Brace





VENUM Universal TLSO PPX



The VENUM TLSO PPX is the ultimate one-size-fits-all semi rigid comfort brace for the thoraco lumbar-sacral region. Primarily, this brace reduces pain, whilst providing support and immobilisation to the thoraco lumbar-sacral spine. The brace features unique anterior pads and in combination with the highly effective cincher system is designed to produce maximal intraabdominal pressure to distract the vertebral bodies of the spine. As the brace is universal in nature, it benefits from fitting every patient type and can be stored easily where limited storage is available.

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down, streamline design
- Motion restriction of the thoracic and lumbar regions L5 T4
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a
- natural support system for the spine that can be customised to provide the perfect fit Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wicks away perspiration
- Fits waist circumferences from 60cm 157.5cm; optional extender panel adds 25cm to circumference

Indications for Use

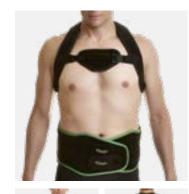
- Chronic back pain
- Degenerative, herniated or bulging disc
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Facat syndroma

		1 acet syndrome
Size	Description	Product Code
Universal	VENUM TLSO PPX	VIPHYBTLSO4PPX
Universal	Extender Panel	STEXT

Tumours

- Spinal instability
 - Burst Fx
- Pre or post-op spinal thoraco-lumbar stabilisation
- Pre or post-op disk surgery

VENUM Universal HYBRID TLSO



The VENUM HYBRID TLSO is the ultimate one-size-fits-all semi rigid comfort brace for the thoraco lumbar-sacral region. This brace has the ability to contour to a kyphotic-shaped spine and is more forgiving in the treatment of elderly patients who would struggle with the rigidity of a TLSO with anterior extension. Primarily, this brace reduces pain, whilst providing support and immobilisation to the thoraco lumbar-sacral spine. The brace features unique anterior pads and in combination with highly effective cincher system is designed to produce maximal intra-abdominal pressure to distract the vertebral bodies of the spine. As the brace is universal in nature, it benefits from fitting every patient type and can be stored easily where limited storage is available

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down design
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wick away perspiration
- Fits waist circumferences from 60cm 157.5cm; optional extender panel adds 25cm to circumference

Indications for Use

- Chronic back pain
- Kyphosis
- Osteoporosis or osteoporotic fractures
- Degenerative, herniated or bulging disc
- Spondylolysis
- Spondylolisthesis

Product Code

- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

VENUM Universal TLSO PPX and VENUM Universal HYBRID TLSO Size Chart

To fit the VENUM TLSO PPX and the VENUM HYBRID TLSO correctly, please choose the desired size on the slide panel from the charts below. Note: the anterior side needs to be set at one size larger to allow for anterior attachment.

Size	Waist Measurement (cm)	Size	Waist Measurement (cm)
X-Small	60 - 65	X-Small/Small	65 - 70
Small	70 - 75	Small/Medium	75 - 80
Medium	80 - 85	Medium/Large	85 - 90
Large	90 - 95	Large/X-Large	95 - 100
X-Large	100 - 105	X-Large/2X-Large	105 - 110
2X-Large	110 - 115	2X-Large/3X-Large	115 - 120
3X-Large	120 - 125	3X-Large/4X-Large	125 - 130
4X-Large	130 - 135	4X-Large/5X-Large	135 - 140
5X-Large	140 - 145	Add extender panel	157.5 - 182.5
Panel fully open	142.5 - 157.5		

Oasis TLSO



Features and Benefits

Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid LSO braces. Revolutionary spacer fabric offers increased breathability, heat and moisture removal, less bulk and longer life span than trilaminates.

The Oasis TLSO and TLSO LP 3 Panel DLK includes a Dorsal Lumbar Kit (DLK) with Sternal Panel to prevent forward flexion. Effective within T4 - S1.

Indications for Use

- Burst Fx
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging
- Kyphosis
- Laminectomy

- Osteoporosis Paraplegia
- Post-operative
- Spinal stabilisation Spinal stenosis
- Spondylolysis
- Spondylolisthesis
- Model wearing SPK version shown adjacent. (SPX ATE version fitted to the Edge model





Size	Waist (cm)	Hip (cm)	Product Code	Size	Waist (cm)	Hip (cm)	Product Code
	1						
X-Small	66 - 82.3	78.7 - 94	OATL4-XS-PPK	X-Small	66 - 82.3	78.7 - 94	OATL4-XS-SPK
Small	76.2 - 91.4	88.9 - 104.14	OATL4-S-PPK	Small	76.2 - 91.4	88.9 - 104.14	OATL4-S-SPK
Medium	86.4 - 101.6	99 - 114.3	OATL4-M-PPK	Medium	86.4 - 101.6	99 - 114.3	OATL4-M-SPK
Large	96.5 - 111.8	109.2 - 124.5	OATL4-L-PPK	Large	96.5 - 111.8	109.2 - 124.5	OATL4-L-SPK
X-Large	106.7 - 121.9	119.4 - 134.6	OATL4-XL-PPK	X-Large	106.7 - 121.9	119.4 - 134.6	OATL4-XL-SPK
XX-Large	116.8 - 132	129.5 - 144.8	OATL4-XXL-PPK	XX-Large	116.8 - 132	129.5 - 144.8	OATL4-XXL-SPK
XXX-Large	127 - 142.2	139.7 - 154.9	OATL4-XXXL-PPK	XXX-Large	127 - 142.2	139.7 - 154.9	OATL4-XXXL-SPK

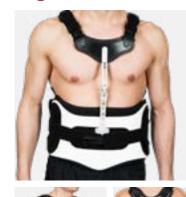
Available in SPK & PPK versions, other versions available to order.

VENUM HYBRID TLSO VIPHYBTLSO3DLK Universal Universal Extender Panel STEXT

Description

Size

Edge TLSO



- A rigid spinal system designed to provide patients with maximum stability and support
- Edge restricts and controls unwanted motion while providing intracavitary pressure to unload the intervertebral discs
- Combines rigid anterior and posterior polymer shells with removable soft padding
- The back panel has built-in reinforcement and a spinal relief opening
- The soft padding keeps patients dry and comfortable by wicking away moisture
- Ideal for geriatric and other patients who tend to suffer from skin breakdown or sores, yet require maximum support
- The Edge spinal system provides superior stabilisation and support that patients need with
- Flexibility of closing mechanism ensures an excellent fit across various body shapes
- Effective within T4 S1

Indications for Use

- Burst Fx
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Kyphosis
- Laminectomy
- Paraplegia

- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Spinal stabilisation
- Rheumatoid arthritis
- Osteoarthritis
- Post-op
- Osteoporosis

Size	Waist (cm)	Hip (cm)	Product Code
X-Small	66 - 81	79 - 94	ESTP4XSSPX
Small	76 - 91	89 - 104	ESTP4SMSPX
Medium	86 - 101	99 - 114	ESTP4MDSPX
Large	96 - 111	109 - 124	ESTP4LGSPX
X-Large	106 - 121	119 - 134	ESTP4XLSPX
XX-Large	116 - 131	129 - 144	ESTP4XXLSPX
XXX-Large	126 - 141	139 - 154	ESTP4XXXLSPX

CTLSO Bivalve



A rigid modular spinal system designed to limit spinal movement to promote the healing of spinal fractures. Each brace is padded with breathable foam to improve comfort for the patient.

- A rigid spinal system designed to provide patients with maximum stability and support to the cervical-lumbar spine to the C3 - L4.
- Restricts and controls unwanted motion
- Durable and easy to clean and can be easily modified
- Combines rigid anterior and posterior polymer shells
- Chape and hook and loop fastening system

Indications for Use

- Post-operative internal fixation
- Burst fracture Compression fracture

Spinal stenosis

	Multiple	level	fractures	
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Size	Xyphoid (cm)	Waist (cm)	Hip (cm)	Product Code Female
X-Small	57.5 - 72.5	47.5 - 62.5	62.5 - 77.5	STKCTLSOCF-XS
Small	67.5 - 82.5	57.5 - 72.5	72.5 - 87.5	STKCTLSOCF-SM
Medium	77.5 - 92.5	67.5 - 82.5	82.5 - 97.5	STKCTLSOCF-MD
Large	87.5 - 102.5	77.5 - 92.5	92.5 - 107.5	STKCTLSOCF-LG
X-Large	97.5 - 112.5	87.5 - 102.5	102.5 - 117.5	STKCTLSOCF-XL
XX-Large	107.5 - 122.5	97.5 - 112.5	112.5 - 127.5	STKCTLSOCF-2X
XXX-Large	117.5 - 132.5	107.5 - 122.5	122.5 - 137.5	STKCTLSOCF-3X



Size	Xyphoid (cm)	Waist (cm)	Hip (cm)	Product Code Male
X-Small	72.5 - 87.5	60 - 75	70 - 85	STKCTLSOCM-XS
Small	82.5 - 97.5	70 - 85	80 - 95	STKCTLSOCM-SM
Medium	92.5 - 107.5	80 - 95	90 - 105	STKCTLSOCM-MD
Large	102.5 - 117.5	90 - 105	100 - 115	STKCTLSOCM-LG
X-Large	112.5 - 127.5	100 - 115	110 - 125	STKCTLSOCM-XL
XX-Large	122.5 - 137.5	110 - 125	120 - 135	STKCTLSOCM-2X
XXX-Large	132.5 - 147.5	120 - 135	130 - 145	STKCTLSOCM-3X

Note: Made to Measure is available, please contact orthoticenquiries@steepergroup.com for more information.

Standard Maternity Support



Size	Product Code
63 - 81	SMS/S
81 - 112	SMS/M
112 - 142	SMS/L
142 - 172	SMS/XL

Features and Benefits

- Providing gentle, firm support to alleviate lumbar pain
- Lift and back support can be controlled independently, soft elasticated insets and shaping provide comfort
- Easy and inconspicuous to wear under most clothing
- Support expands to accommodate growth during various stages of pregnancy

Indications for Use

- Abdominal support
- Lower back pain

Low Profile Maternity Support



Features and Benefits

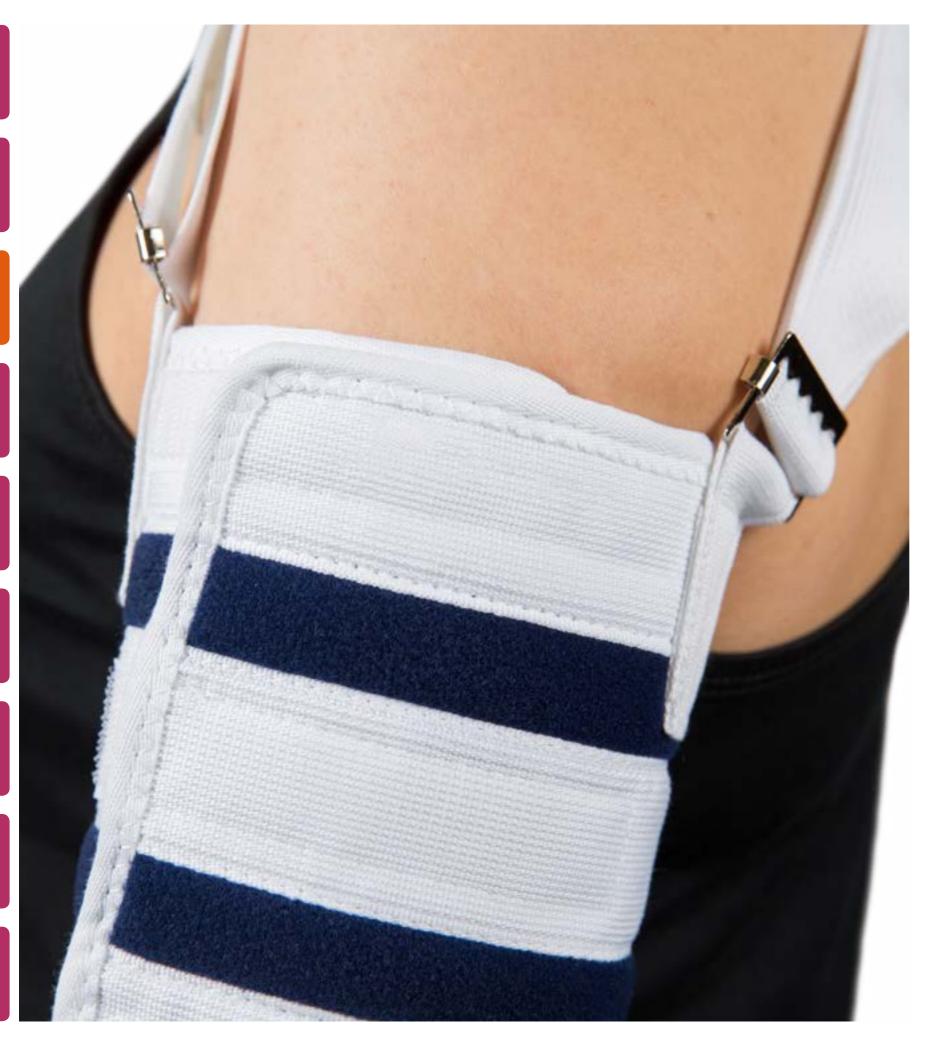
- Low profile design for improved comfort, especially when sitting
- Shaped posterior section to improve the fit around sacral area
- Easy and inconspicuous to wear under most clothing

Indications for Use

Lower back pain

Size	Circ. Abdomen Widest (cm)	Product Code
1	90 - 96	LMS/01
2	96 - 102	LMS/02
3	102 - 108	LMS/03
4	108 - 116	LMS/04
5	116 - 126	LMS/05
6	126 - 136	LMS/06
7	136 - 146	LMS/07
8	146 - 156	I MS/08

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OMO HIT



Features and Benefits

- Stabilisation of shoulder
- No stretching in shoulder-neck region
- Secure fixing of arm
- Early functional follow-up treatment eases post-operative physiotherapy
- Anatomically contoured support with silicone insert for friction massage on the musculofascial trigger points
- Cold/hot pad to reduce pain and oedema
- Axillary freedom allows easy body hygiene and increased comfort when wearing

Indications for Use

- Follow-up treatment after shoulder luxation, shoulder sub-luxation
- Sprain, contusion
- Fixing of various upper arm fractures
- · Shoulder blade fracture
- Follow-up treatment in injuries to the rotator cuff
- Shoulder bursitis
- Post-operative treatment

Size	Chest Circ. (cm)	Product Code Left	Product Code Right
Small	< 92	07262/SL	07262/SR
Medium	92 - 102	07262/ML	07262/MR
Large	102 - 115	07262/LL	07262/LR
X-Large	115 +	07262/XLL	07262/XLR

Front Closure Clavicle Support



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Features and Benefits

Padded straps cross in a figure of eight to provide secure fit and alignment of clavicle fractures.

Indications for Use

- Clavicle fracture
- Mild kyphosis

Size	Chest Circ. (cm)	Product Code
X-Small	51 - 61	205032
Small	61 - 76	205033
Medium	76 - 91	205035
Large	91 - 107	205037
X-Large	107 - 122	205038
XX-Large	122 - 137	205039

Subluxation Cuff





Features and Benefits

- Proven, effective design with comfortable padded straps
- Subluxation is resisted by the pull of the strapping acting on the upper arm across the shoulder
- Universal left/right application

Indications for Use

- Hemiplegia
- Shoulder subluxation

Size	Mid Upper Arm Circ. (cm)	Product Code
Small	22 - 27	SLC/S
Medium	27 - 31	SLC/M
Large	31 - 35	SLC/L
X-Large	35 - 40	SLC/XL

Cotton Arm Sling



Features and Benefits

Durable cotton sling with soft padded D-ring adjustment strap

Indications for Use

- Post upper limb trauma
- · Post upper limb surgery
- Forearm, elbow and arm immobilisation

Size	Forearm Length (cm)	Product Code
Small	Up to 33	COS-S
Medium	33 - 37	COS-M
arge	37+	COS-I

Universal High Arm Sling



Size	Product Code	
Universal	0860	

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Features and Benefits

- Lightweight breathable mesh
- Touch and close strap fastening

Indications for Use

• Forearm, elbow and arm immobilisation

Universal Comfort Shoulder Immobiliser



Features and Benefits

- Effective immobilisation from body swathe
- Sling and humeral retaining band
- Comfortable materials
- Universal size and left/right application
- Universal sizing to reduce stock holding

- Post rotator cuff injury
- Stabilised fractures
- Shoulder dislocation
- Post op immobilisation

Size	Product Code	
Iniversal	23-4100	

Sling and Swathe



Features and Benefits

- Features high profile sling designed to encompass the elbow and swathe with contact closure
 - Manufactured from seamless, lightweight, durable material

Indications for Use

Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery, or other shoulder related injuries

Size	Forearm Length (cm)	Product Code
Small	Up to 22.5	23-4401
Medium	22.5 - 25	23-4402
Large	25 - 30	23-4403
X-Large	30 - 35	23-4404

Tennis Elbow Sleeve



Features and Benefits

- This Coolmax pull sleeve has a positive effect on maintaining bodycare temperature Coolmax is feet drained by settled and register feeling, shrinking and wrinkling.
- Coolmax is fast drying, breathable and resists fading, shrinking and wrinkling

 The strap allows control of compression for maximum effect and pain relief

Material: Coolmax®

Indications for Use

• Medial and lateral epicondylitis

Size	Elbow Joint Circ. (cm)	Product Code
Small	20.5 - 23	TES/CX/BE/S
Medium	23 - 25.5	TES/CX/BE/M
Large	25.5 - 28	TES/CX/BE/L
X-Large	28 - 31	TES/CX/BE/XL

Tennis Elbow Band



eatures and Benefits

- Relief of tennis elbow or golfer's elbow
- The compression can be applied to medial or lateral epicondyles
- Universal left/right application

Indications for Use

Medial and lateral epicondylitis

Size	Forearm Circ. (cm)	Product Code
Small	24 - 25	EPI/S
Medium	26 - 27	EPI/M
Large	28 - 30	EPI/L

Hinged Elbow Sleeve



Features and Benefits

- Metal hinges limit medial and lateral movement and restrict hyperextension
- Universal left/right application

Material: Coolmax®

Indications for Use

- Bursitis
- Osteoarthritis
- Tendonitis
- Rheumatoid arthritis
- Joint inflammation

Size	Elbow Joint Circ. (cm)	Product Code
Small	23 - 25.5	HES/BX/BE/S
Medium	25.5 - 28	HES/BX/BE/M
Large	28 - 30.5	HES/BX/BE/L
X-Large	30.5 - 33	HES/BX/BE/XL

ROM Elbow Brace



Features and Benefits

- Soft foam wraps
- ROM hinge for setting flexion/extension
- Touch and close fastening, also supplied with soft padded arm sling

- Elbow contracture management
- Post-op elbow flexion/extension control

Size	Elbow Joint Circ. (cm)	Length (cm)	Product Code
Small/Medium	23 - 31	39	REB/S-M
Large/X-Large	32 - 40	39	REB/L-XL



Universal Palm Protector



Features and Benefits

- Fleece-lined, lightweight palm cover
- Designed to allow full finger movement whilst reducing finger contractures and skin damage/breakdown in the palmar region
- The Universal Palm Cover is easily laundered and is easily applied using hook and loop fastening straps

Indications for Use

- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Size	Product Code Left	Product Code Right
Universal	PPL	PPR

Hand Positioning Brace



Features and Benefits

- Hand positioning brace that supports the fingers, thumb and wrist in functional and/or resting position
- Removable/washable cover
- Simple hook and loop closures
- Designed for limited function and comfort

Indications for Use

- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Material: Synthetic lambs wool

Size	Palm Width (cm)	Length (cm)	Product Code Left	Product Code Right
Small	6 - 7.5	28	HPB/S/L	HPB/S/R
Medium	7.5 - 9.0	29	HPB/M/L	HPB/M/R
Large	9 0 - 11	33	HPR/I /I	HPR/I /R

Basic Hand Positioning Brace



eatures and Benefits

- Hand positioning brace that supports the fingers, thumb and wrist in functional and/or resting position
- Removable/washable cover

Indications for Use

- Post surgery/injury positioning
- Hypertonic contractors
- Rheumatoid arthritis

Size	Palm Width (cm)	Length (cm)	Product Code Left	Product Code Right
Small	6 - 7.5	28	BHPS/S/L	BHPS/S/R
Medium	7.5 - 9.0	29	BHPS/M/L	BHPS/M/R
Large	9.0 - 11	33	BHPS/L/L	BHPS/L/R

Comfyprene Contour Hand Orthosis



Features and Benefits

- The Comfyprene® Contour Hand Orthosis has unique side flaps that hold the wrist in place allowing for full hand contouring
- C-bar and thumb support with included strap
- 4 straps come as standard
- Unique butterfly designed side straps hold wrist and forearm in place
- Contours the whole hand, wrist and forearm
- Instead of removable terrycloth covers, the Comfyprene splint inserts are covered with soft neoprene and headliner material, which creates a slim profile for everyday comfort
- Splints are adjustable and re-adjustable using the Comfy[™] patented reinforced spine
- Straps may be positioned anywhere on the splint for optimal fit

Indications for Use

- Use after sports injuries
- Removal of casts
- Sports medicine
- Arthritic patient's support of the weakened extremity

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code Left	Product Code Right
Adult	17.8 +	27.9	HCO-101-CP-LB-LT	HCO-101-CP-LB-RT

Comfy Hand-Wrist Finger Orthosis



Features and Benefits

- Provides support and positioning for the weak or deformed wrist, hand or fingers
- Serves as an excellent resting splint to prevent trauma to joints and positions to increase ROM
- Side wings prevent ulnar and radial deviation
- Arm cuffs easily adjust to width of arm
- Excellent resting splint to prevent trauma to joints and increases ROM
- Terrycloth
- Headliner
- Ambidextrous
- Paediatric sizing

Indications for Use

- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Small	15.2 - 17.8	27.9	H101-AS
Medium	17.8 - 20.3	31.8	H101-AM
Large	20.3 +	34.3	H101-AL

Add finger separators - FS1

Paediatric sizes also available - see page 86

Comfy Air Hand Orthosis



Features and Benefits

- The Comfy Air Hand Orthosis is an exceptionally useful splint for the severely contracted hand
- It has an adjustable air bladder that allows gradual extension of the MP, DIP and PIP joints, as well as an adjustable wrist for customised fit
- Ingeniously designed by a therapist, one simply inserts the un-fitted splint with the bladder under the fingers and then pumps air to inflate the bladder and increase finger extension. (Headliner material only)
- Ambidextrous

Indications for Use

- · Ideal for the severely contracted hand
- Inflatable air bladder allows for gradual MP, DIP and PIP joint extension
- Adjustable wrist
- Provides low pressure stretch therapy
- Hand air bladder can be used separately without full orthosis as needed
- Can fit into even the most tightly clenched hand

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult	17.8 - 20.3	31.8	HA101-A

Short Wrist Brace



Features and Benefits

Standard single compression one-piece wrist brace provides good conformity around the wrist and hand.

Indications for Use

- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome

Material: Neoprene

		Product Code - Neoprene Beige		
Size	Wrist Circ. (cm)	Left	Right	
X-Small	10 - 12.5	SWB/E/XS/L	SWB/E/XS/R	
Small	12.5 - 15	SWB/E/S/L	SWB/E/S/R	
Medium	15 - 17.5	SWB/E/M/L	SWB/E/M/R	
Large	17.5 - 20	SWB/E/L/L	SWB/E/L/R	
X-Large	20 - 22.5	SWB/E/XL/L	SWB/E/XL/R	

Short Wrist Brace - Elastic





Features and Benefits

Standard single compression one-piece wrist brace provides good conformity around wrist and hand.

Indications for Use

- Flaccid drop wrist
- · Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome

Material: Elastic

		Product Code - Elastic Beige		
Size	Wrist Circ. (cm)	Left	Right	
X-Small	10 - 12.5	SWB/XSL	SWB/XSR	
Small	12.5 - 15	SWB/SL	SWB/SR	
Medium	15 - 17.5	SWB/ML	SWB/MR	
Large	17.5 - 20	SWB/LL	SWB/LR	
X-Large	20 - 22.5	SWB/XLL	SWB/XLR	

Long Wrist Brace



Features and BenefitsLonger two-piece

- Longer two-piece design giving support and comfort for continuous use
 Shape allows increased finger mobility and minimal thumb web discomfort
- Fully bound edges

Indications for Use

- Flaccid drop wrist
- · Rheumatoid arthritis
- Ulnar and radial stability

Material: Coolmax®

		Product Code - Coolmax® Beige		
Size	Wrist Circ. (cm)	Left	Right	
X-Small	Up to 14	LWB/CX/BE/XS/L	LWB/CX/BE/XS/R	
Small	14 - 16	LWB/CX/BE/S/L	LWB/CX/BE/S/R	
Medium	16.5 - 19	LWB/CX/BE/M/L	LWB/CX/BE/M/R	
Large	19 - 21.5	LWB/CX/BE/L/L	LWB/CX/BE/L/R	
X-Large	Over 21.5	LWB/CX/BE/XL/L	LWB/CX/BE/XL/R	



About Coolmax®

CoolMax is the industry leader when it comes to moisture management.

Lined with Coolmax®

- Moves moisture away from your body
- Lining dries quickly
- Added performance keeps you cool and comfortable

 ${\tt Coolmax}\ is\ a\ registered\ trademark\ of\ INVISTA\ (formerly\ DuPont\ Textile\ \&\ Interiors)\ Airprene\ is\ a\ Trade\ Mark\ of\ Airprene\ LLC.$

Thumb Spica - Neoprene

DIAMOND Public



Features and Benefits

Neoprene thumb spica featuring a removable flexible stay which restricts movement at the CMC and MCP joints, leaving the IP joint free.

- Warmth and compression
- Removable flexible stay
- Restricts CMC and MCP joint
- Leaves IP joint free

Indications for Use

- CMC joint arthritis
- CMC instability
- Tendinitis
- Pain associated with repetitive motion
- Osteoarthritis
- Painful/unstable 1st mcp joint
- Rheumatoid arthritis
- Thumb strains
- Sprains and post-cast removal

*Elastic also available, please contact Customer Services.

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	14 - 15	TS/BE/S/L	TS/BE/S/R
Medium	15 - 16.5	TS/BE/M/L	TS/BE/M/R
Large	16.5 - 18	TS/BE/L/L	TS/BE/L/R
X-Large	18 - 19	TS/BE/XL/L	TS/BE/XL/R

Wrist and Thumb Spica - Neoprene



Features and Benefits

- Restricted wrist and thumb motion without limiting finger motion
- Easy fit and comfortable
- Lightweight and padded
- Contours to the anatomy of the wrist and thumb
- Breathable material
- Hook and loop fastening

Indications for Use

- Gamekeeper's thumb
- Post-cast healing
- Soft tissue injuries
- Selective scaphoid injuries

Material: Neoprene (breathable)

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	15 - 18	WTS/S/L	WTS/S/R
Medium	18 - 20	WTS/M/L	WTS/M/R
Large	20 - 23	WTS/L/L	WTS/L/R
X-Large	23 - 25	WTS/XL/L	WTS/XL/R

Wrist and Thumb Spica



- Two-piece dual compression with malleable aluminium thumb splint to hold thumb in abduction
- 5cm wide elasticated strap

Indications for Use

- Osteoarthritis
- Painful/unstable 1st mcp joint
- Rheumatoid arthritis

Material: Neoprene

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
X-Small	10 - 12.5	WTB/CX/BE/XS/L	WTB/CX/BE/XS/R
Small	12.5 - 15	WTB/CX/BE/S/L	WTB/CX/BE/S/R
Medium	15 - 17.5	WTB/CX/BE/M/L	WTB/CX/BE/M/R
Large	17.5 - 20	WTB/CX/BE/L/L	WTB/CX/BE/L/R
X-Large	20 - 22.5	WTB/CX/BE/XL/L	WTB/CX/BE/XL/R

Polypropylene Thumb Brace





Features and Benefits

Anatomically designed to provide comfortable and secure immobilisation of the thumb while preserving mobility of the other fingers and wrist.

Indications for Use

- DeQuervain's Syndrome
- Gamekeeper's thumb
- Tendonitis
- Thumb strains
- Sprains and post-cast removal

Manufactured from ultra-thin, rigid polyethylene with contact closure; includes two stockinette undersleeves.

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	15.2 - 17.8	37-5001	37-5011
Medium	17.8 - 20.3	37-5002	37-5012
Large	20.3 - 23	37-5003	37-5013
X-Large	23 - 25	37-5004	37-5014

CMC Brace



Features and Benefits

Support for the thumb CMC joint in the treatment of osteoarthritis and medial subluxation. The shaped strap wraps around the thumb CMC joint and the first metacarpal for targeted CMC joint support.

Indications for Use

- CMC joint arthritis
- CMC instability
- **Tendinitis**
- Pain associated with repetitive motion

Material: Neoprene

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
X-Small	11.5 - 13.5	CMC/XSL	CMC/XSR
Small	14 - 15.5	CMC/SL	CMC/SR
Medium	16 - 19.5	CMC/ML	CMC/MR
Large	20 - 22	CMC/LL	CMC/LR
X-Large	22.5 - 24	CMC/XLL	CMC/XLR



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6

Universal VENUM Hip Brace



Features and Benefits

The one-size-fits-all VENUM Soft Hip Abduction brace incorporates the most advanced technology and materials. A revolutionary soft hip management system for patients of all different shapes and sizes providing maximum comfort and support. The LSO part of the brace operates utilising a cincher system to maximise control. The belt thigh cuff and hinge adjust to fit the dimension of most patients. The brace applies a dynamic abduction force, so that the femoral head remains in the socket.

- Universal design
- Cincher technology
- Size indicator displays belt size to ensure correct and comfortable fitting
- Joint with adjustable abduction/adduction, flexion/extension
- Single or double-pull cable pulley system
- Stock reduction, saves money and space
- Materials are comfortable, breathable, soft, wick-away perspiration and are durable and
- Waist circumference range: 60cm 157.5cm
- Extender panel adds an additional 25cm (sold separately)
- Ergonomic arthritic grips can be customised to patient size

Indications for Use

For patients at risk of hip dislocation, suitable for all levels of instability

Material: 30% Polyurethane 70% Polyamide

Size	Description	Product Code	:
Universal	VENUM Soft Hip Abduction Brace	VHHIPABD	:
Universal	Long Joint*	TLCHIPJNTLG	•

* Note: The Venum Soft Hip Aduction Brace comes with a standard joint for patients of height below 188cm, for patients over 188cm a long joint will be required.

VENUM Universal Hip Brace Size Chart

Size	Waist Measurement (cm)	Size	Waist Measurement (cm)
X-Small	60 - 65	X-Small/Small	65 - 70
Small	70 - 75	Small/Medium	75 - 80
Medium	80 - 85	Medium/Large	85 - 90
Large	90 - 95	Large/X-Large	95 - 100
X-Large	100 - 105	X-Large/2X-Large	105 - 110
2X-Large	110 - 115	2X-Large/3X-Large	115 - 120
3X-Large	120 - 125	3X-Large/4X-Large	125 - 130
4X-Large	130 - 135	4X-Large/5X-Large	135 - 140
5X-Large	140 - 145	Add extender panel	157.5 - 182.5
Panel fully open	142.5 - 157.5		

To fit the VENUM Hip Brace correctly, please choose the desired size on the slide panel from the chart.

Hip Control System







- Preformed modular plastic waist and thigh components
- Combination Kinesio joint, controls flexion/extension, abduction/ adduction
- Hip and waist components supplied with comfort liners
- Component sizes can be mixed for optimum fit
- Kinesio offset hinge with abduction/adduction settings (7.5° increments) and flexion/extension settings (from 0° to 120° in 15° increments)

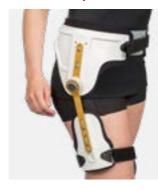
Indications for Use

This modular hip orthosis system offers functional and effective support in the treatment of various hip pathologies

Hip / Waist Component					Kinesio Hinge		
Size	Waist Circ. (cm)	Hip Circ. (cm)	Product Code Left	Product Code Right	Size	Height (cm)	Product Code
Small	60 - 82	68 - 90	M.2122	M.2112	Regular	< 180	M.2303
Medium	94 - 115	90 - 110	M.2123	M.2113	Long	> 181	M.2304
Large	39 - 44	106 - 126	M.2124	M.2114			
X-Large	99 - 120	111 - 131	M 2125	M 2115			

Thigh Con	Thigh Component				
Size	Proximal Circ. (cm)	Distal Circ. (cm)	Product Code Left	Product Code Right	
Small	44 - 53	34 - 41	M.2222	M.2212	
Medium	48 - 60	36 - 45	M.2223	M.2213	
Large	57 - 68	42 - 49	M.2224	M.2214	
X-Large	62 - 76	46 - 56	M.2225	M.2215	

Escort Hip Brace



Features and Benefits

A lightweight patient friendly brace using the latest in hip joint

- technology
- The joint system abducts the leg only during flexion allowing a normal
- The pelvic section is designed to fit just below the iliac crest, eliminating impingement on the rib cage whilst seated
- The thigh section is a two-piece medial/lateral design that allows for maximum adjustability and positive purchase on the leg

Indications for Use

Functional and effective support in the treatment of various hip pathologies

Size	Waist Size (cm)	Thigh Circ. (cm)	Product Code Left	Product Code Right
Small	66 - 81	43 - 53	HIP-ES-SL	HIP-ES-SR
Medium	81 - 97	51 - 61	HIP-ES-ML	HIP-ES-MR
Large	97 - 112	58 - 69	HIP-ES-LL	HIP-ES-LR
X-Large	112 - 127	66 - 76	HIP-ES-XLL	HIP-ES-XLR

Arthritic Knee Sleeve



Features and Benefits

- Simple knee sleeve
- Pull on design, elasticated for easy use of donning
- Provides compression and warmth for painful joints
- Posterior shaping eradicates bunching in popliteal area

Indications for Use

Arthritis

Size	Knee Circ. (cm)	Product Code
Small	23 - 26	803/AKS
Medium	26 - 29	805/AKS
Large	29 - 32	807/AKS
X-Large	32 - 35	808/AKS
XX-Large	35 - 39	809/AKS

Standard Knee Brace



- The front opening design allows easy application for the arthritic or elderly
- Metal side hinges provide medial/lateral stability while allowing flexion
- Opposing fastenings for upper and lower touch and close straps counter rotation and allow correct fitting
- Removable hinges
- Universal left/right application

- Medio lateral stability
- Osteoarthritis Rheumatoid arthritis
- Material: Airprene

Size	Knee Circ. (cm)	Product Code
X-Small	24 - 28	SKB/CX/BE/XS
Small	28 - 34	SKB/CX/BE/S
Medium	34 - 39	SKB/CX/BE/M
Large	39 - 44	SKB/CX/BE/L
X-Large	44 - 49	SKB/CX/BE/XL

Long Knee Brace



Features and Benefits

- Longer version of the standard knee brace (40cm) provides greater medial/lateral support and support for the varus/valgus knee
- Universal left/right application

Indications for Use

- Medio lateral stability and patella control osteoarthritis
- Osteoarthritis
- Rheumatoid arthritis

Material: Airprene

Size	Knee Circ. (cm)	Product Code
Small	27 - 35.5	LKBB/CX/BE/S
Medium	33 - 40.5	LKBB/CX/BE/M
Large	38 - 45.5	LKBB/CX/BE/L
X-Large	43 - 55.5	LKBB/CX/BE/XL

Stabilised Knee Sleeve



Features and Benefits

- Incorporates medial and lateral flexible spiral stays for enhanced medial/lateral stability
 - Provides compression and support
 - Touch and close straps for improved fit
- Universal left/right application

Indications for Use

- Medio lateral stability and patella control knee instability
- Post-op rehabilitation
- Strains/sprains
- Bursitis
- Tendonitis osteoarthritis
- Rheumatoid arthritis
- Osteoarthritis

Material: Airprene

Size	Knee Circ. (cm)	Product Code
X-Small	22 - 28	SKS/CX/BE/XS
Small	28 - 34	SKS/CX/BE/S
Medium	34 - 39	SKS/CX/BE/M
Large	39 - 44	SKS/CX/BE/L
X-Large	44 - 49	SKS/CX/BE/XL
XX-Large	49 - 56	SKS/CX/BE/XXL

Deluxe Knee Immobiliser



Features and Benefits

- Lightweight three panel design with easy application due to removable side panels
- Malleable steels for contouring to the patient
- Universal left/right application

Indications for Use

- Post trauma immobilisation
- Post-op immobilisation

Length (cm)	Product Code
35	DKI/350
40	DKI/400
45	DKI/450
50	DKI/500
55	DKI/550
60	DKI/600

Standard Universal ROM Knee Brace



Universal

Features and BenefitsOpen four panel design

- Open four panel design

 Easily adjustable ROM hinges for setting flexion/extension
- Touch and close fastening
- Universal sizing to reduce stock holding

Indications for Use

- · Post-op immobilisation of the knee
- Unstable knee
- · Limitation of knee movement

Universal ROM Knee Brace

ROM/L/U



Features and Benefits

- The Universal ROM Knee Brace features butterfly padding to prevent migration
- With an adjustable length from 57-69cm, the fully adjustable Range of Motion (ROM) knee mechanism has a Drop-Lock system that can fix the joint at 0°, 15°, 20°, 30° and 45°
- Universal sizing to reduce stock holding
- Easy 'Slide & Set' ROM settings:
 - Flexion settings: 0°, 10°, 20°, 30°, 45°, 60°, 75°, 90°, 105°, 120°
- Extension settings: 0°, 10°, 20°, 30°, 45°, 60°, 75°, 90°
- Compliance ROM protection easy-fit plastic ties supplied to prevent altering prescribed ROM settings
- Telescopic push-button adjustment mechanism with ability to reposition above and below knee pads
- Full adjustable soft circumferential straps with return buckles and non-slip foam wraps for excellent patient comfort and fit



Indications for Use

- Improved joint function
- Post-operative knee
- Limitation of knee movement

Size	Product Code
Universal	57260

Contender Universal Post-op Knee Brace



Features and Benefits

The Contender[™] Post-op Knee Brace features a simple adjustment system to minimise fit time after surgery, and at 765g, it is one of the lightest braces on the market.

- The X-Flex[™] Cuff System flexes to hug the leg, significantly reducing brace migration.
 QuikZip[™] buckles allow for easy application and micro adjustment of the strap for a secure
 fit
- The ZipTrak Telescoping System adjusts brace length from 45.7cm 66cm, in 3mm
- increments and also allows adjustment of intermediate cuffs to help avoid incision sites
 The hinge features a six position Drop-Lock that fixes the brace from -10° to 40° in 10° increments. Controlled range of motion is available from -10° to 110° and is easily set using flexion and extension finger touch buttons
- Offers the latest in knee brace technology such as multi-telescoping cuffs, user friendly buckles and critical suspension systems
- Length adjustable 45.7cm 66cm. Fits up to 86.4cm thigh circumference. Measurement taken from leg circumference 15.2cm above mid patella



- Indications for Use
- ACL, PCL, MCL and LCL surgeries
- Meniscal repairs
- Patella realignment

- Regenerative chondroplasty
- Stable femoral fractures
- Total knee replacements
- Tibial plateau fractures

Size Product Code
Universal 75-7500



Ankle Sleeve Plus



Features and Benefits

- Two-strap fastening for ease of application allows support to strap on like a sock
- Universal left/right application

Indications for Use

- Unstable ankle
- · Ligamentous laxity
- Inversion/eversion injury

Size	UK Shoe Size	Product Code
Small	5 - 6	ASP/CX/BE/S
Medium	7 - 8	ASP/CX/BE/M
Large	9 - 10	ASP/CX/BE/L
X-Large	11 - 12	ASP/CX/BE/XL

Ankle Stabiliser



Features and Benefits

- Strong padded support with a lace up front
- Universal left/right application

Indications for Use

- · Unstable ankle
- Ligamentous laxity
- Inversion/eversion injury

Note: Does not come with plastic supports

Size	UK Shoe Size	Product Code
Small	5 - 6	AST/S
Medium	7 - 8	AST/M
Large	9 - 10	AST/L
X-Large	11 - 12	AST/XL

Easy Sport Ankle Brace



Features and Benefits

- Lace up design provides an adjustable fit ankle control and an elasticated lining gives
- Elasticated figure 8 straps limit excessive levels of ankle inversion and eversion allowing safe mobilisation and pain reduction

Indications for Use

- Acute soft tissue injuries
- Lateral ligament injury
- Mediolateral ankle instability
- Rheumatoid arthritis
- Osteoarthritis
- Stage I PTTD

Size	UK Shoe Size	Product Code
Small	6 - 9	KAB/SML
Medium	9 - 11	KAB/MED
Large	11 - 13	KAB/LRG

Air-Gel Universal Ankle Brace



Features and Benefits

- Two shaped plastic medial and lateral ankle supports attached by a supporting stirrup, air/ gel liner bags can be used for hot/cold therapy fitting
- Universal left/right application
- Universal sizing to reduce stock holding

Indications for Use

- Acute soft tissue injury
 - Lateral ligament injury/instability
- Medio lateral ankle instability
- Rheumatoid arthritis
- Osteoarthritis

Size	Product Code
Universal	AGA

Swedish Type Lightweight AFO



- Heat mouldable splint providing dorsiflexion assistance and lateral stability for ankle/foot
- Easily trimmed and low profile with open heel to fit into a shoe easily
- Wide calf strap with touch/close fastening
- Removable/washable padding for comfort and hygiene

Indications for Use

• Flaccid foot drop after neurological impairment

Size	Heel-Calf Height (cm)	Footplate Length (cm)	Product Code Left	Product Code Right
Small	29	23	AFO-1S-L	AFO-1S-R
Medium	31	24.5	AFO-2M-L	AFO-2M-R
Large	33	26	AFO-3L-L	AFO-3L-R
X-Large	35	28	AFO-4XL-L	AFO-4XL-R

Swedish Type Lightweight AFO - Carbon Reinforced



Features and Benefits

- Heat mouldable splint providing dorsiflexion assistance
- Easily trimmed with low profile and open heel to fit into a shoe easily
- Wide calf strap with touch and close fastening and removable/washable padding for comfort and hygiene

To order contact orthoticenquiries@steepergroup.com

Indications for Use

Flaccid foot drop after neurological impairment

Size	Heel-Calf Height (cm)	Footplate Length (cm)	Product Code Left	Product Code Right
Small	29	23	AFO-1S-LC	AFO-1S-RC
Medium	31	24.5	AFO-2M-LC	AFO-2M-RC
Large	33	26	AFO-3L-LC	AFO-3L-RC
X-Large	35	28	AFO-4XL-LC	AFO-4XL-RC

Leaf Spring Orthosis



Features and Benefits

- Heat mouldable splint providing dorsiflexion assistance and limited plantar flexion
- Easily trimmed to fit into a shoe and with padded touch and close fastening
- 3/4 and full foot versions are available

Indications for Use

Flaccid foot drop

3/4 Foot					
Size	Heel-Calf Height (cm)	Foot Length (cm)	UK Shoe Size	Product Code Left	Product Code Right
Small	33	15	2.5 - 5.5	PLSC/100/L	PLSC/100/R
Medium	35.5	15.5	5.5 - 8.5	PLSC/200/L	PLSC/200/R
Large	35.5	18.5	8.5 - 10.5	PLSC/300/L	PLSC/300/R
X-Large	38	29.5	10.5 - 12.5	PLSC/400/L	PLSC/400/R

Full Foot	Full Foot									
Size	Heel-Calf Height (cm)	Foot Length (cm)	UK Shoe Size	Product Code Left	Product Code Right					
Small	33	24	2.5 - 5.5	PLS/FF/100/L	PLS/FF/100/R					
Medium	34.5	25.5	5.5 - 8.5	PLS/FF/200/L	PLS/FF/200/R					
Large	37.5	28	8.5 - 10.5	PLS/FF/300/L	PLS/FF/300/R					
X-Large	37.5	30.5	10.5 - 12.5	PLS/FF/400/L	PLS/FF/400/R					

Dynamic AFO



Features and Benefits

The Dynamic Walk is a dynamic foot lifting AFO made of a lightweight carbon fibre composite and double sided peek rods that provide high strength and flexibility.

- This unique design allows patients to drive and climb stairs since it provides stable, free movement and constant lifting of the foot
- The open heel construction and slim foot design allows the AFO to fit easily into normal shoes
- Standard sizes below. Wide ankle also available, contact Customer Services for details

Indications for Use

Flaccid foot drop

Size	Foot Length (cm)	Loaded Height (cm)	Calf Circ. (cm)	UK Shoe Size	Product Code Left Medial	Product Code Right Medial	Product Code Left Lateral	Product Code Right Lateral
Small	23	32	28.5	4	DW621	DW622	DW821	DW822
Medium	25	34	34.5	6	DW641	DW642	DW841	DW842
Large	27	37	39.5	8	DW661	DW662	DW861	DW862

Size	Foot Length (cm)	Loaded Height (cm)	Ankle Width (cm)	Calf Circ. (cm)	UK Shoe Size	Product Code Double Left	Product Code Double Right
Small	23	32	67.5	28.5	4	DW221	DW222
Medium	25	34	72.5	34.5	6	DW241	DW242
Large	27	37	80.5	39.5	8	DW261	DW262

ToeOFF® 2.0 Splint



Features and Benefits

- The ToeOFF 2.0 is the updated version of the ToeOFF Original
- Lightweight, carbon reinforced rehabilitation orthosis that absorbs force on heel strike
- Worn at the anterior side of the leg, bridging the ankle and preventing plantar flexion
- SoftKIT 2.0 comprises padding shaped to precisely fit the orthosis and comes supplied with two tibia pads
- ComfortKIT 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely

Indications for Use

- Mild to severe footdrop
- Mild to moderate ankle instability
- Impaired knee control
- Limb proprioception deficit
- Mild to moderate spasticity
- Partial foot amputation

Note: For ToeOFF Original please contact Customer Services.

	Footplate Dimensions		ToeOFF 2.0 Splint		Order ComfortKIT 2.0 and SoftKIT 2.0 Separately				
Size	Length (cm)	Height (cm)	UK Shoe Size	Product Code Left	Product Code Right	Size	Product Code SoftKIT 2.0	Product Code ComfortKIT 2.0	Replacement Straps
X-Small	21	36	1 - 3	289201010	289202010	X-Small	287500010	287510010	287600010
Small	23	38	3 - 4	289201011	289202011	Small	287500011	287510011	287600011
Medium	24.5	40.5	5 - 9	289201012	289202012	Medium	287500012	287510012	287600012
Large	27	43	10 - 11	289201013	289202013	Large	287500013	287510013	287600013
X-Large	28.5	45	12 - 13	289201014	289202014	X-Large	287500014	287510014	287600014

Note: The ToeOFF 2.0 when purchased individually does not come with padding. Please order this separately.

BlueROCKER[™] 2.0



Features and Benefits

- The BlueROCKER 2.0 is the updated version of BlueROCKER Original
- BlueROCKER 2.0 is identical in shape to the ToeOFF 2.0 but offers more rigid orthotic control.
- Developed primarily for bilateral patients and those with more involved pathologies
- The extra stability will improve both balance and posture and give the wearer greater security, especially individuals with weak quadricep muscles
- Usually the preferred orthosis to be used in conjunction with a socket and toe filler for management of partial foot amputations
- SoftKIT 2.0 comprises padding shaped to precisely fit the orthosis and comes supplied with
- ComfortKIT 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely

Indications for Use

- Footdrop
- Weakness or impairment in multiple leg muscle groups
- Impaired balance
- Limb proprioception
- leg Partial foot amputation

Note: For BlueROCKER Original please contact Customer Services.

		plate	BlueRO	BlueROCKER 2.0		er ComfortKIT 2.0	and SoftKIT 2.0	Separately
	Dimer	nsions				Product Code	Product Code	Replacement
Size	Length	Height	Product	Product	Size	SoftKIT 2.0	ComfortKIT 2.0	Straps
0.20	(cm)	(cm)	Code Left	Code Right	X-Small	287500010	287510010	287600010
X-Small	21	36	289401010	289402010	Small	287500011	287510011	287600011
Small	23	38	289401011	289402011	Medium	287500012	287510012	287600012
Medium	24.5	40.5	289401012	289402012	Large	287500013	287510013	287600013
Large	27	43	289401013	289402013	X-Large	287500014	287510014	287600014
X-Large	28.5	45	289401014	289402014				

Note: The BlueROCKER 2.0 when purchased individually does not come with padding. Please order this separately.

Dyna Ankle



Features and Benefits

The Dyna Ankle is primarily used to treat lateral ligament ruptures, but it is also very suitable for the treatment of medial ligament ruptures. Distortion of the upper ankle with lateral ligament rupture usually occurs as a result of excessive plantar flexor supination strain. The talofibular anterior ligament is always affected, so relieving strain on this outer ligament is important for treatment.

- Developed for functional treatment and places the foot in a position with slight pronation and dorsal extension
- Plantar flexion and supination are restricted through a dynamic restraint, while the degree of pronation and dorsal extension motion is unrestricted

Indications for Use

- Lateral ligament rupture
- Medial ligament rupture

Size	UK Shoe Size	Height (cm)	Product Code Left	Product Code Right
Small	3.5 - 6	35	DYNS1-L35-37	DYNS1-R35-37
Medium	6 - 8	36	DYNS1-L37-39	DYNS1-R37-39
Large	8 - 10.5	37	DYNS1-L39-41	DYNS1-R39-41
X-Large	10.5 - 13	39	DYNS1-L41-44	DYNS1-R41-44

Neurodyn - Foot Lift Orthosis



Features and Benefits

- Fabric orthosis for dynamic compensation of flaccid paralysis
- Orthopaedic rehabilitation should compensate for lost functionality without hindering remaining functions
- Dynamics instead of rigid splints comfort instead of pressure
- Free plantar flexion

Indications for Use

Flaccid paralysis

Size	Circ. of leg above	Black		Beige	
Size	ankle (cm)	Product Code Left	Product Code Right	Product Code Left	Product Code Right
1	< 19	070771/L	070771/R	070771/L/BG	070771/R/BG
2	19 - 21	070772/L	070772/R	070772/L/BG	070772/R/BG
3	21 - 23	070773/L	070773/R	070773/L/BG	070773/R/BG
4	23 - 25	070774/L	070774/R	070774/L/BG	070774/R/BG
5	25 - 27	070775/L	070775/R	070775/L/BG	070775/R/BG

Neurodyn Plus - Foot Lift Orthosis



Features and Benefits

- Fabric orthosis for dynamic compensation of flaccid paralysis
- Orthopaedic rehabilitation should compensate for lost functionality without hindering remaining functions
- Dynamics instead of rigid splints comfort instead of pressure
- 2 additional straps on the forefoot encourage dorsiflexion and inversion to give a more normal gait
- Free plantar flexion

Indications for Use

Spastic foot drop

Size	Circ. of leg above	Black		
Size	ankle (cm)	Product Code Left	Product Code Right	
1	< 19	078031/L	078031/R	
2	19 - 21	078032/L	078032/R	
3	21 - 23	078033/L	078033/R	
4	23 - 25	078034/L	078034/R	
5	25 - 27	078035/L	078035/R	

Aequi Ankle Brace



Features and Benefits

- The Push Ortho Aequi is an effective ankle orthosis which strikes a balance between efficient mechanical support of a disabled ankle and good wearer comfort
- The rigid support is situated exclusively on the medial side of the ankle and has a recess for the malleolus
- The lateral side is made from preformed foam, which easily adapts to the individual anatomy

Indications for Use

- Serious (residual) instability (under high stress)
- Treatment of acute lateral ankle ligament lesions
- After-care of conservative or operated ankle fractures
 Arthrosis with instability without accumulation of fluid
- Secondary prevention of ankle ligament lesions

Size	Circ. of Short Heel (cm)	Product Code Left	Product Code Right
1	27 - 31	320111	320121
2	31 - 34	320112	320122
3	34 - 40	320113	320123

Prim Dorsi Assist



Features and Benefits

- Consists of two separated pieces, a supramalleolar strap over the ankle and a non-slip support union to fix between the tongue and shoelaces by means of a central anchorage hook type. Both parts are joined by an elastic strap, which allows variable amounts of dorsiflexion assist
- On the back of the ankle band, there is a gel pad which is cushioned for increased comfort on the achilles tendon
- Discrete, flexible, it takes no space on the shoe, being easy to fit
- To be fitted when lacing the shoe
- Has the function to produce dorsiflexion on the take-off phase of gait, indicated in flaccid palsy

Indications for Use

- Drop foot
- Peroneal neuropathies
 Disfinitional soit
- Dysfuntional gait

Measurement

Size	Measurement (cm)	Product Code
X-Small	13 - 17	ATXO1/XS
Small	17 - 21	ATXO1/S
Medium	21 - 25	ATXO1/M
Large	25 - 29	ATXO1/L

Plantar Band			
Size	Measurement (cm)	Product Code*	
Small	17 - 21	AXT11/S	
Medium	21 - 25	AXT11/M	
Large	25 - 29	AXT11/L	
3		,	

*Please specify right or left.

• Integral walking base - designed for

rotation when used in bed

Washable & replaceable kodel liner system

Adjustable foot, toe and calf sections

Aluminium heel connector for strength Rotation bar resists internal/external

Universal sizing to reduce stock holding

ambulation

Foot-Up





Foot-Up shown with footwear

Features and Benefits

- Foot-Up is a lightweight ankle orthosis that offers dynamic support for drop foot or similar complaints
- The revolutionary orthosis provides visible improvement in gait by supporting the foot the moment it is raised
- Lightweight and difficult to see under clothes
- Constructed from a padded breathable material it is comfortable to wear with or without footwear (shoeless wrap required for use without footwear)

Indications for Use

- Peroneal neuropathies
- Drop foot
- Dysfunctional gait

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with shoeless
wran

	Foot-Up			
Size	Ankle Circ. (cm)	Product Code Black	Product Code Beige	
1 - Medium	18 - 21	07810-1	07811-1	
2 - Large	22 - 26	07810-2	07811-2	
3 - X Large	27 - 33	07810-3	07811-3	

	Shoeless Wrap*			
Size	Foot Circ. (cm)	Product Code Black	Product Code Beige	
1 - Small	< 20	27810-1	27811-1	
2 - Medium	20 - 24	27810-2	27811-2	
3 - Large	24 - 28	27810-3	27811-3	
4 - X Large	> 28	27810-4	27811-4	

*Shoeless Wrap comprises of foot wrap only and must be ordered with complete Foot-Up kit unless the patient already has one.

Foot-Up Plastic Insert		
Size	Product Code Black	Product Code Beige
All	17810	17811

Foot-Up and Shoe	eless Wrap Bundle*
Product Code Black	Product Code Beige
07810-XY	07811-XY

*Where X = Size of Foot-Up & Y = Size of Shoeless Wrap, for example to order a Black size 1 (Medium) Foot-Up with a size 2 (Medium) Shoeless Wrap, the code would be 07810-12.

Universal PRAFO 650 Kodel







The PRAFO® (Pressure Relief Ankle Foot Orthosis) is a totally adjustable, custom-fitted AFO that can help manage many of the ankle/foot anomalies patients present. Its custom-contoured aluminium heel connector bar helps to control dorsi-plantar flexion by allowing infinite, measurable adjustments, whilst its ergonomically designed foot plate allows the liner to be changed easily without tools. Its integral, securely fastened vibram walking base provides a shoe-type surface for ambulatory patients. Design ensures that the patient is protected around the vulnerable areas of the foot and heel and will remain so during ambulation. Universal liners are also available to order - use code PRAFO-LINER. The calf and foot segments can be custom-modified to accommodate patient physiology and the anti-rotation bar is made of malleable aluminium and adjusts to control unwanted extremity

- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Universal sizing to reduce stock holding.
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Suitable for day and night use

Product Code Size PRFO Universal Universal Liner PRAFO-LINER

Indications for Use:

- Pressure ulcers
- Can be used to resist the development of contracture

Universal PRAFO APU (adjustable posterior upright)



Features and Benefits

Exact prescribed adjustments can be made in the clinical setting as directed by the managing physician without special tools. When patient outcomes are critical, the APU will provide a simple, precise method to set the ankle/foot complex in the sagittal plane. Rapid changes to settings provide a means to improve patient gait. The PRAFO® AFU has patented its single jointed metal upright that provides a ROM of 30° plantar flexion and 30° of dorsiflexion. Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order - use code PRAFO-

- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/ dorsiflexion

Indications for Use:

- Pressure ulcers
- Can be used to resist the development of contracture

Size	Product Code
Universal	PRFO/APU
Universal Liner	PRAFO-LINER

Universal PRAFO Dual Action



- The pad and strap version allows bulky wound dressings to be accommodated and can allow superior foot control when the PRAFO® is to be used in walking training and other circumstances when mobility is the primary focus
- Universal sizing to reduce stock holding
- Bi-planar adjustments with a screwdriver
- Opportunity to evaluate and train gait
- Ambulatory or recumbent usage
- All the benefits of the 650 and 650 APU with increased application possibilities
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Universal liners are also available to order use code PRAFO-LINER.

The Dual Action accommodates and helps control varus or valgus conditions of the ankle/ foot complex, as well as allowing the practitioner a more precise and simplified method of setting the ankle/foot complex in the sagital plane

Size	Product Code
Jniversal	PRFO/DA
Jniversal Liner	PRAFO-LINER

Padded PF Splint





- Soft, padded, contoured posterior shell provides passive dorsiflexion to address plantar fasciitis and Achilles tendonitis
- Removable liner may be washed for patient hygiene
- Fits right or left foot

- Plantar fasciitis
- Achilles tendonitis

Size	Men's UK Shoe Size	Ladies' UK Shoe Size	Product Code
Small	Up to 3.5	Up to 4.5	PPFS/S
Medium	3.5 - 6.5	4.5 - 7	PPFS/M
Large	6.5 - 9.5	7 - 10	PPFS/L

Comfort Night Splint



Features and Benefits

- Adjustable flexion straps provide a gentle stretching of the plantar fascia and achilles tendon
- Soft lycra lined foam interior is soft, washable and breathable to eliminate heat build-up
- Lycra lined foam padded straps maintain comfort across the flexor tendons
- Lightweight, low profile shell is sturdy and breathable
- The orthoses helps to prevent pain and further injury by limiting contractions of the soft tissues at night
- Universal fit left/right
- Adjustable flexion straps provide a gentle stretching of the plantar fascia and achilles tendon

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Plantar flexion contractures

Size	UK Shoe Size	Product Code
Small	Up to 6	UFO/S/E
Medium	6 - 9	UFO/M/E
Large	9 +	UFO/L/E

Leeder Multi-Use Boot



Features and Benefits

Utilises Flex-E-Core technology for adjustment without the need for tools or heat

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Night splintingFoot drop

Size	Max. Foot Length (cm)	Brace Height (cm)	Product Code
Paediatric	15	25	LMUP
Δdult	25	35	ΙΜΠΔ

Podus Boot



Features and Benefits

- A lightweight, quality plastic shell with poly/pile liner that helps treat and prevent lower extremity disorders associated with trauma or immobility
- An adjustable toe extension helps protect toes from bedding and the anti-rotation bar may be repositioned to assist with internal or external rotation
- Removable transfer pad on the dorsal side for limited patient ambulating
- Fits right or left foot
- Latex free

Indications for Use:

- Pressure neurosis
- Ankle contractures
- Post-op hip abduction/rotation

Size	Men's UK Shoe Size	Ladies' UK Shoe Size	Product Code
Regular	Up to 10	Up to 11	POD-R
X-Large	10.5 +	11.5 +	POD-XL
Replacement liners code: POD-Liners. Replacement liners available in pack of 3.			

A-Boot Universal



Features and Benefits

- Ambulation version (A-Boot) comes with removable, soft, non-slip sole
- Antimicrobial surface protector to shield against mould and mildew, stains, bacteria, fungus and algae
- Super soft fleece lined headliner cover is removable and machine washable
- A toe extension is available to accommodate all foot sizes
- Rotator bar controls hip and leg rotation
- Boots position heel in floating position to prevent pressure areas through pressure reduction
- Comes with extender kit to accommodate for wider or oedematous feet
- Universal sizing to reduce stock holding

Indications for Use

- Wider or oedematous feet
- Ankle contractures
- Heel ulcerations

Size	Product Code	
Universal	A-BOOT	
Also available in paediatric sizing - page 92		

Open Toe Cast Sandal



Features and Benefits

- Open toes and heel for comfort and breathability
- Constructed from ribbed rocker sole with durable upper and contact closure

Indications for Use

Lower extremity casted fractures

Size	Foot Length (cm)	Product Code
Small	23	69-3081
Medium	28	69-3082
Large	31	69-3083
X-Large	36	69-3084

All Purpose Boot



Features and Benefits

- Removable EVA insole is fully customisable to offload pressure points
- Wider sole and deep opening provides increased room to accommodate large dressings, bandages and casts
- · Wide ankle strap eliminates heel slippage as well as securing the foot or cast in the shoe
- A rocker bottom sole encourages smooth roll through gait pattern and reduces plantar pressure

- Post-operative protection for soft tissue trauma or surgery
- Plantar ulcers/wounds
- Closed toe allows dressing to keep clean and dry
- Wider sole allows more room for dressings and casts

Size	UK Shoe Size	Product Code
Small	4 - 5.5	APB-S
Medium	6 - 7.5	APB-M
Large	7.5 - 8.5	APB-L
X-Large	9 +	APB-XL

Post-Op Shoe



Features and Benefits

- Durable upper with soft padded lining
- Grooved non-slip flexible sole
- Touch and close through loop fastening
- Universal left/right application

Indications for Use

• Post surgery accommodation of bulky bandages

Size	UK Shoe Size	Product Code
Small	6 - 7	POS/S
Medium	7 - 9	POS/M
Large	9 - 10	POS/L
X-Large	10 +	POS/XL

Orthowedge Shoe



Features and Benefits

- Promotes healing by reducing weight from the forefoot
- Hard wearing padded nylon upper
- Adjustable touch and close fastening
- Universal left/right application

Indications for Use

- Ulcerations of the forefoot
- Painful forefoot
- Post surgery

Size	UK Shoe Size	Product Code
Small	3 - 5	OWS/S
Medium	5 - 7	OWS/M
Large	7 - 9	OWS/L
X-Large	9+	OWS/XL

Heel Wedge Heeling Shoe



Features and Benefits

- Forefoot closure provides uniform security
- Hard wearing padded nylon upper
- Adjustable touch and close fastening
- Universal left/right application

Indications for Use

Ulcerations of the hindfoot

Size	UK Shoe Size	Product Code
Small	3 - 5	HWHS/S
Medium	5 - 7	HWHS/M
Large	7 - 9	HWHS/L
X-Large	9 +	HWHS/XL

Pressure Shoe



Features and Benefits

- Can be used as a post operative cast shoe, providing more protection for post operative procedures and fiberglass casts
 - Touch and close fastening
- Extra double touch and close strap for security
- Durable sole material
- Universal left/right application

Indications for Use

- Post-op cast shoe
- Accommodation of dressings

Size	UK Shoe Size	Product Code
X-Small	> 4	PS/XS
Small	4 - 5.5	PS/S
Medium	6 - 7.5	PS/M
Large	7.5 - 8.5	PS/L
X-Large	9 +	PS/XL

Neoprene Boot



Features and Benefits

- 4mm neoprene rubber faced and lined with jersey nylon
- Touch and close fastening
- EVA unit with 8mm sole and 25mm heel
- Comes with heel stiffeners
- · Comfort foam insole
- Available in black in wide fitting in full sizes between 2 12, in pairs only

Indications for Use

Bulky dressing and fluctuating oedema

UK Shoe Size	Product Code	UK Shoe Size	Product Code	UK Shoe Size	Product Code
2	SHNB/02	6	SHNB/06	10	SHNB/10
3	SHNB/03	7	SHNB/07	11	SHNB/11
4	SHNB/04	8	SHNB/08	12	SHNB/12
5	SHNB/05	9	SHNB/09	13	SHNB/13

Felt Boot



Features and Benefits

- Supplied with heel and toe stiffeners
- Touch and close fastening
- EVA unit with 8mm sole and 25mm heel
- Comfort foam insole
- Available in black in wide fitting in full sizes between 2 12 in pairs only

Indications for Use

Bulky dressing and fluctuating oedema

UK Shoe Size	Product Code	UK Shoe Size	Product Code	UK Shoe Size	Product Code
2	SHFB/02	6	SHFB/06	10	SHFB/10
3	SHFB/03	7	SHFB/07	11	SHFB/11
4	SHFB/04	8	SHFB/08	12	SHFB/12
5	SHFB/05	9	SHFB/09	13	SHFB/13

Fracture Walker Brace



Features and Benefits

- Impact-resistant nylon foot piece with removable foam liners
- Liners attach to uprights with touch hook fastening
- Liners are secured to uprights with broad circumferential touch and close fastening
- Universal left or right

Indications for Use

- Post-op ankle stabilisation
- Ankle fracture
- Stress fractures
- Soft tissue and ligament injuries

Size	UK Shoe Size	Product Code
Small	Up to 5	FW17/S
Medium	5 - 8	FW17/M
Large	8 - 11	FW17/L
X-Large	12 +	FW17/XL

Rebound Air Walker



Features and Benefits

The Rebound Air Walker features linked medial and lateral air bladders with a single inflation point to provide balanced compression. These air bladders are shaped to cradle the achilles, holding the heel in place for extra stability.

- Moisture wicking soft goods and ventilated panels prevent microbial build up and helps to keep the skin dry and comfortable
- Straps fasten in front for easy application, adjustment and removal
- EVA material provides increased shock absorption for the heel
- Fully-integrated air pump and release valve provides easy, tool-free inflation and deflation for fine-tuned, consistent compression
- Flex Edge over moulding conforms to each patient's unique anatomy to help limit the formation of pressure points
- Rocker bottom promotes a natural, stable gait, whilst a semi-soft toe bumper that can be trimmed as required provides added protection

Indications for Use

- Grade 2 and 3 ankle sprains
- Stable fractures
- Post-operative use
- Trauma
- Rehabilitation use

Size	Men's Shoe Size	Ladies' Shoe Size	Product Code
X-Small	2 - 4	3.5 - 5.5	B-242900001E
Small	4 - 7	5.5 - 8.5	B-242900002E
Medium	7 - 10.5	8.5 - 12	B-242900003E
Large	10.5 - 12.5	12 - 14	B-242900004E
X-Large	12.5 - 15	14 - 16.5	B-242900005E

Rebound Diabetic Walker



Uniquely designed for effective treatment of plantar foot ulcers, the Rebound Diabetic Walker enables easy access and re-fitting during wound care, whilst improving the patient's mobility during the healing process by including a rocker bottom outsole for smooth roll-over.

- Effective tri-laminate insole with removable shock-absorbing hexagons that promote ulcer offloading and a Plastazote top layer that evenly distributes the pressure
- Anatomically designed shell that minimises shear forces by immobilising the foot and ankle and 90 degrees whilst providing protection
- Flex Edge technology for relief of pressure points, along with a patent-pending pressure relief valve to prevent over-inflation
- Positioning portals allow the clinician to check the fit of the walker at the heel bottom, in order to ensure appropriate positioning of the foot in the walker
- Soft and breathable machine washable liner for hygiene promotion and prevention of

Indications for Use

Plantar foot ulcers

Size	Men's Shoe Size	Ladies' Shoe Size	Product Code
Small	4.5 - 7	5.5 - 8.5	B-242500002
Medium	7 - 10.5	8.5 - 12	B-242500003
Large	10.5 - 12.5	12 - 14	B-242500004
X-Large	12.5 - 15	14 - 16.5	B-242500005

VACOped®



Inspired by ski boots, the VACOped features a unique design to enable patients to weight-bear earlier, enabling a faster return to daily activities.

- Inner vacuum cushion provides equal and firm support by adjusting itself precisely to the shape of every foot and lower leg and allowing adjustments to be made for swelling
- Adjustable ROM bar allows the boot to be fixed or permit movement dependent on the
- Durable, yet lightweight German-engineered plastic shell provides the injury site with the necessary stability and allows an increased freedom of movement in comparison to a plaster cast
- Multiple washable and exchangeable liners promote hygiene

Indications for Use

- Achilles tendon ruptures
 - Calcaneus fractures Ankle replacements
 - Ankle fractures Metatarsal fractures Arthrodesis

Size	UK Shoe Size	Product Code
Small	3 - 6.5	VPED/S
Medium	6.5 - 9	VPED/M
Large	9 - 10+	VPED/L

Repose Foot Protector



Repose Foot Protectors are a unique product designed specifically to minimise the risk of pressure damage to heels. A significant proportion of pressure ulcers occur on the heels due to a combination of pressure and friction/shear. Whilst support surfaces assist in reducing pressure, only a specific device such as the Repose Foot Protector can ensure that pressure on the foot is relieved totally. Clinical studies have shown these heel protectors to be effective in a wide variety of settings.

- May be used in bed or with feet elevated, easily secured with stocking or light bandage Can be used with other dynamic or static support surfaces
- Reduces impact of pressure, friction and shear
- Maximum patient weight = 139kg

Indications for Use

Pressure relief

Size	Length (cm)	Width (cm)	Height (cm)	Product Code
Small	38	20	18	6501100
Large	51	28	18	6021100

Repose Wedge



Features and Benefits

The Repose Wedge has been designed primarily for off-loading pressure from the heels and can be used wherever support or elevation of the lower legs is required. The Repose Wedge offers the same pressure reducing properties as other Repose products. Particularly suited to leg elevation to aid vascular conditions and a useful aid in posture support.

Indications for Use

The Repose Wedge is a versatile product suitable for a wide range of applications within

Size	Product Code
Universal (elastic strap)	6711111
Universal (clear strap)	6700000

Tred-lite Modular Footwear Collection

Diabetic specifications

Softee leather, moleskin lining with minimum seams, rim toe puff and padded collars can be added to all styles to create a complete diabetic specification.

Lightweight, practical and customisable footwear

Available in 18 leather (calf and softee) colour options, nubuck and neoprene, the lightweight Tred-lite range is practical, hard wearing and customisable, offering a mixture of styles, fastenings and colour combinations.

Adaptations on Tred-lite Footwear adaptations and trial fitting service available, along with repairs and adapts.

Specialist sole alternatives

Standard sole and heel provided in lightweight micro EVA, with specialist Vibram® hard-wearing commando also available.

Bespoke insoles ensure best clinical outcome

With a range of insole densities, complementary insoles manufactured at the same time as the footwear ensure the best possible clinical outcome, particularly for total-contact insoles to distribute load and reduce peak pressures on vulnerable areas.

Shock absorbing, lightweight insole support

Using the highest quality EVA, our bespoke insoles retain their shape.

The semi-bespoke Tred-*lite* range from Steeper offers a variety of fashionable styles to provide comfortable and lightweight footwear for patients. Available in leather, nubuck and neoprene with a range of colour and style options, footwear within the Tred-*lite* range is crafted with particular care and attention.

Please see below for a sample selection of the Tred-*lite* footwear range; with options for both men and ladies. Many of the Steeper Tred-*lite* styles are also available as bespoke footwear.

For Ladies









For Men









For further details on the above styles and to view our full range of Tred-lite footwear, please visit www.steepergroup.com or contact Customer Services for a full brochure.



Silicone Heel Cups



Features and Benefits

- Silicone Heel Cups absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- · Manufactured from medical grade silicone, each insole incorporates calcaneal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia
- Achilles tendonitis

Size	UK Shoe Size	Product Code
Small	11 - 1.5 (29 - 33)	YT-S04S
Medium	2 - 4.5 (34 - 37)	YT-S04M
Large	5 - 9.5 (38 - 43)	YT-S04L
X-Large	10 - 12 (44 - 46)	YT-S04XL

3/4 Length Silicone Insoles

Features and Benefits



- · Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support

ndications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Size	UK Shoe Size (EU Size)	Product Code
Small	1 - 4 (33 - 37)	YT-S02S
Medium	4.5 - 8.5 (38 - 42)	YT-S02M
Large	9 - 14 (43 - 48)	YT-S02L

Full Length Silicone Insoles with Metatarsal Support



Features and Benefits

- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support
- The full length insole also features metatarsal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Size	UK Shoe Size (EU Size)	Product Code
Small	4 - 5 (37 - 38)	YT-S01S
Medium	6 - 6.5 (39 - 40)	YT-S01M
Large	7 - 7.5 (41 - 42)	YT-S01L
X-Large	8.5 - 9.5 (43 - 44)	YT-S01XL

Tred-lite Ezi-Rize Insoles



Features and Benefits

- Adjustable heel raise insoles manufactured in multiple layers of EVA (5 x 3mm) with simple peel away layers to achieve the required raise height
- Depth ranges from 3mm to 15mm in 3mm increments

Indications for Use

- · Back pain
- Posture related symptoms
- Arch pain
- Leg length discrepancy
- Achilles tendonitis

Size	Width (cm)	Product Code	
Male	7	EZI-RIZE/Male	
Female	5.5	EZI-RIZE/Female	

Tred-lite Orthotic Insoles and Wedges



Features and Benefits

- Tred-lite insoles are designed to improve the biomechanical alignment of the feet thereby reducing pain in the feet, legs and back
- Each insole is constructed from lightweight PU EVA* with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient's requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction - will attach to a wide range of insoles

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon paid
- Mechanical foot pain

Size	UK Shoe Size	Medium Density	Firm Density
Small	5 - 6.5	INS/3S	INS/4S
Medium	7 - 8.5	INS/3M	INS/4M
Large	9 - 11	INS/3L	INS/4L

Wedges	Forefoot	Rearfoot
2 degrees	INS/WED/2FP	INS/WED/2RP
4 degrees	INS/WED/4FP	INS/WED/4RP

Tred-lite Ezi-Fit Insoles and Wedges



Features and Benefits

- Ezi-Fit insoles from the Tred-lite range feature a lateral cutaway to allow for easier fitting into narrower footwear
- Each insoles is constructed from lightweight PU EVA* with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient's requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction

To order contact orthoticenquiries@steepergroup.com

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
 Tendon paid

Size	UK Shoe Size	Medium Density	Firm Density
Small	5 - 6.5	EZI-FIT/3S	EZI-FIT/4S
Medium	7 - 8.5	EZI-FIT/3M	EZI-FIT/4M
Large	9 - 11	EZI-FIT/3L	EZI-FIT/4L

Wedges	Forefoot	Rearfoot
2 degrees	INS/WED/2FP	INS/WED/2RP
4 degrees	INS/WED/4FP	INS/WED/4RP

Steeper motionSupport* Insoles



Features and Benefits

- motionSupport* insoles are a durable, innovative range of ready-made insoles featuring unique design and construction
- The full length polyurethane insoles offer improved forefoot control whilst the 3/4 length fibreglass reinforced shell and fibreglass extension on the lateral aspect permits a more propulsive gait
- The flexible construction under the first metatarsal head allows the first ray to plantarflex and a small metatarsal button reduces pressure on the metatarsal heads
- Available in three arch heights to optimise sagittal plane control
- The slimmer profile allows for easier fitting in footwear

Indications for Use

- Arch pain
- Over pronation
- Posture related symptoms
- Back pain

- Tendon pain
- Knee pain
- Shin splints
- Metatarsalgia
- Function hallux limitus

EU Shoe Size	Low Arch (Brown)	Normal Arch (Grey)	High Arch (Blue)
36 - 37	KRI-7055-36-37	KRI-7052-36-37	KRI-7053-36-37
38 - 39	KRI-7055-38-39	KRI-7052-38-39	KRI-7053-38-39
40 - 41	KRI-7055-40-41	KRI-7052-40-41	KRI-7053-40-41
42 - 43	KRI-7055-42-43	KRI-7052-42-43	KRI-7053-42-43
44 - 45	KRI-7055-44-45	KRI-7052-44-45	KRI-7053-44-45
46 - 47	KRI-7055-46-47	KRI-7052-46-47	KRI-7053-46-47

Steeper Support Hallux Rigidus Insoles



Features and Benefits

- Hallux Rigidus insoles are designed to treat painful extension at the first metatarsophalangeal joint
- An ortholyn inner shell extends distally beyond the first metatarsophalangeal joint providing a responsive shock absorbing core whilst limiting painful extention motion
- Choice of three arch profiles optimises the contouring to the foot
- The low profile and durable construction facilitates use in a wide range of footwear
- Insole design allows use with various heel heights
- Sizes outside of the chart below are available to order on request

Indications for Use

Painful extension at the first metatarsophalangeal joint

Size	Product Code - Male		Product Code - Female			
Size	Low Arch	Normal Arch	High Arch	Low Arch	Normal Arch	High Arch
36	-	-	-	KRI-7405-36	KRI-7402-36	KRI-7403-36
37	-	-	-	KRI-7405-37	KRI-7402-37	KRI-7403-37
38	-	-	-	KRI-7405-38	KRI-7402-38	KRI-7403-38
39	-	-	-	KRI-7405-39	KRI-7402-39	KRI-7403-39
40	KRI-7415-40	KRI-7412-40	KRI-7413-40	KRI-7405-40	KRI-7402-40	KRI-7403-40
41	KRI-7415-41	KRI-7412-41	KRI-7413-41	KRI-7405-41	KRI-7402-41	KRI-7403-41
42	KRI-7415-42	KRI-7412-42	KRI-7413-42	KRI-7405-42	KRI-7402-42	KRI-7403-42
43	KRI-7415-43	KRI-7412-43	KRI-7413-43	-	-	-
44	KRI-7415-44	KRI-7412-44	KRI-7413-44	-	-	-
45	KRI-7415-45	KRI-7412-45	KRI-7413-45	-	-	-
46	KRI-7415-46	KRI-7412-46	KRI-7413-46	-	-	-
47	KRI-7415-47	KRI-7412-47	KRI-7013-47	-	-	-

Steeper Support Insoles



Features and Benefits

- Steeper Support Insoles feature an extremely low profile, durable construction with three arch profiles optimising the contouring to the foot
- An ortholyn inner shell provides a responsive shock-absorbing core whilst the metatarsal button relieves pressure on the metatarsal heads
- The option to select the male or female profile further optimises the individual fit
- Insole design allows use with variable heel heights
- Sizes outside of the chart below are available to order on request

Indications for Use

- Morton's neuroma
- Metatarsalgia
- Forefoot pain
- Mechanical foot pain

C:	Product Code Male			Product Code Female		
Size	Low Arch	Normal Arch	High Arch	Low Arch	Normal Arch	High Arch
36	-	-	-	KRI-7005-36	KRI-7002-36	KRI-7003-36
37	-	-	-	KRI-7005-37	KRI-7002-37	KRI-7003-37
38	-	-	-	KRI-7005-38	KRI-7002-38	KRI-7003-38
39	-	-	-	KRI-7005-39	KRI-7002-39	KRI-7003-39
40	KRI-7015-40	KRI-7012-40	KRI-7013-40	KRI-7005-40	KRI-7002-40	KRI-7003-40
41	KRI-7015-41	KRI-7012-41	KRI-7013-41	KRI-7005-41	KRI-7002-41	KRI-7003-41
42	KRI-7015-42	KRI-7012-42	KRI-7013-42	KRI-7005-42	KRI-7002-42	KRI-7003-42
43	KRI-7015-43	KRI-7012-43	KRI-7013-43	-	-	-
44	KRI-7015-44	KRI-7012-44	KRI-7013-44	-	-	-
45	KRI-7015-45	KRI-7012-45	KRI-7013-45	-	-	-
46	KRI-7015-46	KRI-7012-46	KRI-7013-46	-	-	-
47	KRI-7015-47	KRI-7012-47	KRI-7013-47	-	-	-

Diaped Duosoft Plus



Features and Benefits

- Therapeutic insoles for insenate feet
- The dual-layer design of Duosoft Plus consists of a resilient, shock absorbing urethane base and a PORON 94° top cover
- The slow rebound quality of the material cradles the foot and allows enhanced redistribution of body weight over the foot's plantar surface
- Soft, comfortable and allows the feet to remain cool, dry and odourless
- A Vygel heel accompanies the dual-layer formation to provide optimal shock attenuation at heel strike

Indications for Use

- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet
- Pre-ulcerated sites
- Plantar fasciitis
- Foot deformities Morton's neuralgia
- Forefoot accommodation
- Skin breakdown

UK Shoe Size	EU Shoe Size	Product Code
4 - 5	37 - 39	SB2402
6 - 7	40 - 41	SB2404
8 - 9	42 - 43	SB2406
9 - 10	44 - 45	SB2408
11 - 12	46 - 48	SB2410

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Diaped Duosoft Therapeutic



Features and Benefits

- Constructed with a multi-density material combination of plastazote and cellular urethane, these advanced insoles offer superb resilience, cushioning and shock absorption
- The insoles are designed to fit into both traditional footwear and 'additional depth' orthopaedic shoes
- The addition of an increased metatarsal support in the anatomical design is designed to facilitate off-loading of the metatarsal head area

Indications for Use

- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet
- Metatarsalgia
- Pre-ulcerated sites
- Plantar fasciitis
- Foot deformities
- Morton's neuralgia
- Forefoot accommodation
- Skin breakdown

UK Shoe Size	EU Shoe Size	Product Code
2 - 4.5	34 - 37	SB2335
5 - 6.5	36 - 38	SB2336
7 - 8.5	39 - 42	SB2337
9 - 10.5	43 - 45	SB2338
11 - 13	46 - 48	SB2339

Slim Tech



Features and Benefits

- The lightweight and easy fitting Slim Tech with its 3° low arch allows for heel contact and a good comfortable fit
- The orthotic is for use in ladies' dress shoes and sports boots
- Slip is reduced by the design of the hook heel

Indications for Use

- Arch pain
- Knee pain Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	Product Code	UK Shoe Size	Product Code
3 - 4	SC3070	7 - 8	SC3072
5 - 6	SC3071	9 - 10	SC3073

Trio Slimfit



Features and Benefits

- The recessed medial heel post within the Trio Slimfit design offers control over pronation without risking irritation of the skin within the tighter fitting fashion shoe
- The forefoot contouring provides a stabilising effect upon the forefront joints and reduces cramping pain

Indications for Use

- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	Product Code Medium Density
X-Small	3 - 4.5	TSF-XS
Small	5 - 6.5	TSF-S
Medium	7 - 8.5	TSF-M
Large	9 - 10.5	TSF-L

Prostep



Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament
- Resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefront and rearfoot integral posts of 0°, 3° & 5°
- Available in full or 3/4 length

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	3/4 Medium	3/4 Firm	Full Medium	Full Firm
Kids Small	13.5 - 1.5	PSSLM-KS	PSSLF-KS	PSFLM-KS	PSFLF-KS
Kids Large	2 - 3	PSSLM-KL	PSSLF-KL	PSFLM-KL	PSFLF-KL
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS	PSFLM-XS	PSFLF-XS
Small	5 - 6	PSSLM-S	PSSLF-S	PSFLM-S	PSFLF-S
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M	PSFLM-M	PSFLF-M
Large	8 - 9	PSSLM-L	PSSLF-L	PSFLM-L	PSFLF-L
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL	PSFLM-XL	PSFLF-XL
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL	PSFLM-XXL	PSFLF-XXL

Trio



Features and Benefits

- The Trio insole is available in 3/4 and full length and is designed to resist excessive valgus
- Inverts the calcaneus within the heel cup thereby maintaining mid tarsal joint
- Supports the proximal medial arch of the foot by providing navicular stability Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts

Indications for Use

- Plantar fasciitis
- Heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Size	UK Shoe Size	3/4 Length Medium Density	3/4 Length Firm Density	3/4 Length Extra Firm	Full Length Medium Density	Full Length Firm Density	Full Length Extra Firm
Kids Small	12.5 - 13.5	TSLM-KS	TSLF-KS	TSLE-KS	TFLM-KS	TFLF-KS	TFLE-KS
Kids Large	1 - 2.5	TSLM-KL	TSLF-KL	TSLE-KL	TFLM-KL	TFLF-KL	TFLE-KL
X-Small	3 - 4.5	TSLM-XS	TSLF-XS	TSLE-XS	TFLM-XS	TFLF-XS	TFLE-XS
Small	5 - 6.5	TSLM-S	TSLF-S	TSLE-S	TFLM-S	TFLF-S	TFLE-S
Medium	7 - 8.5	TSLM-M	TSLF-M	TSLE-M	TFLM-M	TFLF-M	TFLE-M
Large	9 - 10.5	TSLM-L	TSLF-L	TSLE-L	TFLM-L	TFLF-L	TFLE-L
X-Large	11 - 12.5	TSLM-XL	TSLF-XL	TSLE-XL	TFLM-XL	TFLF-XL	TFLE-XL
XX-Large	13 - 14.5	TSLM-XXL	TSLF-XXL	TSLE-XXL	TFLM-XXL	TFLF-XXL	TFLE-XXL

Control Tech Soft 3/4 Length



· The rearfoot wedging reduces the need for excessive arch height while maintaining support, comfort and providing superior shock absorption

- Arch pain Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	Product Code	UK Shoe Size	Product Code
2 - 3	SC3055	7 - 8	SC3058
3 - 4	SC3056	9 - 10	SC3059
5 - 6	SC3057	11 - 12	SC3060

Equiflex



Features and Benefits

- By elevating the heel the Equiflex will restore ankle joint extension reducing the demand for compensation
- Lateral forefoot is supported at the level of the metatarsal heads to facilitate this and accommodate any additional postings that may be required
- Supplied with 0°, 3° and 5° rear posts and 6mm elevators

Indications for Use

- High arches
- Excessive pronation
- Forefoot pain
- Heel valgus

Size	UK Shoe Size	Product Code Medium Density	Product Code Firm Density
X-Small	3.5 - 4.5	EQM-XS	EQF-XS
Small	5 - 6	EQM-S	EQF-S
Medium	6.5 - 7.5	EQM-M	EQF-M
Large	8 - 9	EQM-L	EQF-L
X-Large	9.5 - 10.5	EQM-XL	EQF-XL
XX-Large	11 - 12	EQM-XXL	EQF-XXL

Trio Easy Fit



Features and Benefits

- The Easy Fit is intrinsically a 3/4 length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design
- This model maintains the essential features for pronation control, including an optional biplanar rearfoot post
- A medial forefoot post can be used to replace the first metatarsal cushion if required
- Comfort is achieved without compromising natural movement and comfort

Indications for Use

- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	Product Code Medium Density
Kids	1 - 2.5	TEF-K
X-Small	3 - 4.5	TEF-XS
Small	5 - 6.5	TEF-S
Medium	7 - 8.5	TEF-M
Large	9 - 10.5	TEF-L
X-Large	11 - 12.5	TEF-XL

Trio Heel Pain



Features and Benefits

- The Trio Heel Pain orthosis is contoured to support the navicular bone of the arch, directly reducing the cause of plantar fascia strain
- Higher loading forces under the heel can also lead to inflammation of the skin and supporting structures of the foot
- Features a large cushioning protection for the softer structure under the heel bones

Indications for Use

- Plantar fasciitis
- Plantar heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Size	UK Shoe Size	Product Code Medium Density
Small	5 - 6.5	THP-S
Medium	7 - 8.5	THP-M
Large	9 - 10.5	THP-L

Control Tech Soft Full Length



Features and Benefits

- Available in low, moderate and high arch angles (4°, 6° & 8°)
- Plantar fascial grooves reduce arch irritation as well as provide comfort and superior shock absorption

Indications for Use

- Metatarsalgia
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	4° Low Arch	6° Moderate Arch	8° High Arch
10 - 13	SC3086	-	-
1 - 2	SC3088	-	-
2 - 3	SC3090	SC3040	-
3 - 4	SC3091	SC3041	SC3031
5 - 6	SC3092	SC3042	SC3032
7 - 8	SC3093	SC3043	SC3033
9 - 10	SC3094	SC3044	SC3034
11 - 12	SC3095	SC3045	-
13 - 15	SC3096	SC3046	-

Interpod Diabetic



Features and Benefits

- Inverted rearfoot improves biomechanical function and enhances the windlass effect
- The 6° moderate arch height provides adequate functionality for the majority of patients
- PORON 96 top cover sets a new level of advanced underfoot technology
- The slow rebound cradles the foot and allows enhanced distribution of body weight over the foot's plantar surface
- Cradle functionality makes this the ultimate stock diabetic orthosis

Indications for Use

- Arch pain
- Knee pain
- Shin splints Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	Product Code	UK Shoe Size	Product Code
2 - 3	SC3130	9 - 10	SC3134
3 - 4	SC3131	11 - 12	SC3135
5 - 6	SC3132	13	SC3136
7 - 8	SC3133		

Control Tech Flex 3/4



Features and Benefits

- 3/4 length insole eliminates pronation moments about the subtalar joint created by the lateral heel cup
- Supplied with optional self adhesive covers
- Polyprolylene integral posting over the subtalar joint axis

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	4° Low Arch	6° Moderate Arch	8° High Arch
3 - 4	SC3021	SC3011	SC3001
5 - 6	SC3022	SC3012	SC3002
7 - 8	SC3023	SC3013	SC3003
9 - 10	SC3024	SC3014	SC3004
11 - 12	SC3025	SC3015	SC3005

Darco Universal Toe Alignment Splint



Features and Benefits

- Universal toe alignment splint
- Constructed of soft cotton backed elastic material that will fit into standard footwear

Indications for Use

- Designed to maintain position of soft tissues until they heal following sugery for bunions or hammer toes
- Reduces incidence of recurrence of the deformity following surgical correction

Universal

Slim Gel-Fit Bunion Sleeve

NV0338



Features and Benefits

- The Slim Gel-Fit[™] Bunion Sleeve is an elastic sleeve with a gel pad incorporated inside two layers of a comfortable and conforming fabric
- Thin design that fits most footwear and can be worn under hosiery
- Sleeve can also be worn on the hand to protect the thumb
- Washable and reusable
- Elastic bunion sleeve with the gel pad incorporated inside two layers of a comfortable and conforming fabric
- The covered gel pad shields the painful and sensitive bony protrusion of the forefoot
- Thin and compact design makes it perfect for everyday use and fits with most dress, casual, or athletic shoes and underneath hosiery
- Latex free and hypo-allergenic

- Helps to relieve shoe pressure, friction, and shear forces on the bunion
- May also be worn on the hand to protect the thumb from discomfort during gripping activities

Size	Product Code
Small	SI0048
Medium	SI0050



Starlight Standard



5180-size

5180-1-size

5180-2-size

Brown*

Red

Blue

Features and Benefits

- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight approximately 100g
- · Machine washable
- Available in head circumferences 45cm to 62cm in 1cm increments

Indications for Use

• Simple yet effective protection for people at risk of head injury

Example: for a red Starlight Standard Helmet measuring 50cm - "5180-1-50" *Available to order but non-returnable. Example: Helmet measuring 45cm - "5180-45"

Starlight Secure



Features and Benefits

- Impact absorbing soft/firm foam combination construction
 - High quality cotton
 - Soft to the skin
- Lightweight approximately 100g 130g (size dependent)

*Starlight Secure model shown with optional forehead protector, neck cushion and chin guard

Indications for Use

Advanced protection for people at risk of head injury

Size	Head Circ. (cm)	Product Code	Accessories
5120	ricad circ. (ciri)	110ddet Code	Accessories
1	47 - 49	C401101B-1	Chin Guard
2	50 - 52	C401102B-1	Forehead Pro
3	53 - 55	C401103B-1	Neck Cushio
4	56 - 59	C401104B-1	
5	60 - 62	C401105B-1	

Accessories Product Code Chin Guard C4012B-1 Forehead Protector C4013B-1 Neck Cushion C4014B-1

Starlight Secure Leather



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- Leather lined
- Soft to the skin
- Lightweight approximately 100g 130g (size dependent)

ndications for Use

Advanced protection for people at risk of head injury

Size	Head Circ. (cm)	Product Code
1	47 - 49	C401101
2	50 - 52	C401102
3	53 - 55	C401103
4	56 - 59	C401104
5	60 - 62	C401105

Accessories	Product Code
Chin Guard	C4012
Forehead Protector	C4013
Neck Cushion	C4014

Philadelphia Universal Cervical Collar w/Trachea



Features and Benefits

- Featuring a two-piece design anatomically contoured to provide superior stability and comfort with large trachea opening for easy access
- Constructed from durable plastic, laminated to soft hypo-allergenic foam with contact closure

Indications for Use

- Immobilisation for both extrication and rehabilitation
- Post-operative discectomy
- Spinal fusion

Height measurement taken from posterior portion of mandible to the clavicle directly below.

Size	Height (cm)	Neck Circ. at Adam's Apple (cm)	Product Code
Universal	5 - 7	20.3 - 28	19-4100

Ambu Perfit Collar



Features and Benefit

- Features one-piece flat design with flip out chin piece and trachea opening for easy access
- Constructed from plastic, laminated to foam with contact closure

Indications for Use

• Immobilisation for both extrication and rehabilitation

Size	Colour	Product Code
Infant	Purple	19-9001
Pedi	Aqua	19-9002
Universal Mini Adjustable	No specific colour	19-9008

Ultra Cervical Collar



Features and Benefits

- Features anatomically contoured foam with soft cotton stockinette covering for maximum patient comfort.
- Constructed from medium firm density foam with contact closure

- Cervical facet syndrome
- Discogenic pain
- Degenerated disc disease
- Muscle sprains or strains of cervical region

Size	Height (cm)	Neck Circ. at Adam's Apple (cm)	Product Code
XX-Small	5.1	25.4 - 30.5	15-5000
X-Small	5.1	35.6 - 40.6	15-5001

Paediatric Custom LSO

Features and Benefits

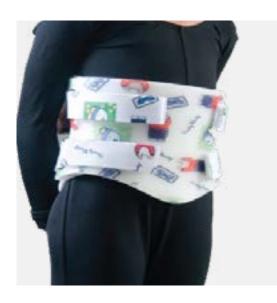
Steeper's supplier in the USA has one of the largest spinal databases and physical libraries in the industry. This ensures that spinal orthoses can be manufactured utilising the latest CAD/CAM technology, allowing a mould to be carved nearly identical to a patient's measurements or scanned image*. Alternatively, the extensive spinal library can be used to secure a mould that can be modified to match the patient.

Each individual back brace is fabricated to the patient's unique measurements and specifications ensuring the very best fit, support and comfort.

- * Scanned images are accurate to within one millimetre.
- Available: Custom fabricated finished or unfinished
- Bivalve opening: Anterior over posterior or posterior over anterior
- Overlap options: Smooth, step (butted) or with tongues
- Anterior designs: Flexion, neutral or pendulous
- Degree of lordosis: Custom fabricated lordosis
- Material options: LDPE, MPE, HDPE, Copolymer, Polypropylene, ABS or Kydex
- Liner: Unlined or hypo-allergenic aliplast in 1/8", 3/16" or 1/4"
- Attachments and accessories:
 - Bivalve opening closure kit with straps, chafes, loops & Chicago screws
 - Pectoral Pad (PPK/PPX) with straps, chafes, loops & screws
 - Pneumatic lumbar bladder
 - Polyethelene or foam tongues
 - Shoulder or axilla straps with chafes, loops & Chicago screws
 - Sternal Pad (SPK/SPX) with straps, chafes, loops & screws
 - Options: Designer pattern applied to brace & straps, modified negative cast, relief buildup, ventilation & waist pads

Indications for Use

- Ankylosing spondylitis
- Compression fractures
- Degenerative, herniated or bulging disc
 Laminectomy
- Lumbar stabilisation
- Spondyloysis
- Spondylolisthesis





Туре	Description	Product Code
Made to Measurement	Bivalve unfinished	CLSO-BU
Made to Measurement	Bivalve finished with straps	CLSO-BWS
Made to Measurement	Single opening - unfinished	CLSO-SOU
Made to Measurement	Single opening - finished with straps	CLSO-SOFWS

When ordering, please refer to the Custom Spinal Measurement Form on page 83.

Paediatric Custom TLSO

Features and Benefits

Steeper's supplier in the USA has one of the largest spinal databases and physical libraries in the industry. This ensures that spinal orthoses can be manufactured utilising the latest CAD/CAM technology, allowing a mould to be carved nearly identical to a patient's measurements or scanned image*. Alternatively, the extensive spinal library can be used to secure a mould that can be modified to match the patient.

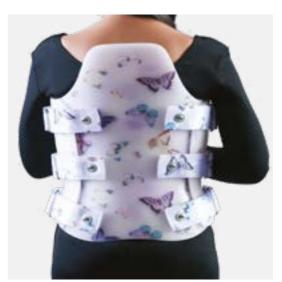
Each individual back brace is fabricated to the patient's unique measurements and specifications ensuring the very best fit, support and comfort.

- * Scanned images are accurate to within one millimetre.
- TLSO has 3 pairs of straps instead of 2
- Available: Custom fabricated finished or unfinished
- Bivalve opening: Anterior over posterior or posterior over anterior
- Overlap options: Smooth, step (butted) or with tongues
- · Anterior designs: Flexion, neutral or pendulous
- Degree of lordosis: Custom fabricated lordosis
- Material options: LDPE, MPE, HDPE, Copolymer, Polypropylene, ABS or Kydex
- Liner: Unlined or hypo-allergenic aliplast in 1/8", 3/16" or 1/4"
- · Options: Designer pattern applied to brace & straps, modified negative cast, relief buildup, ventilation & waist pads
- Attachments and accessories:
 - Bivalve opening closure kit with straps, chafes, loops & Chicago screws
 - Pectoral Pad (PPK/PPX) with straps, chafes, loops & screws
 - Pneumatic lumbar bladder
 - Polyethelene or foam tongues
 - Shoulder or axilla straps with chafes, loops & Chicago screws
 - Sternal Pad (SPK/SPX) with straps, chafes, loops & screws

Indications for Use

- Anklosing spondylitis
- Compression fractures
- Degenerative, herniated or bulging disc
- Laminectomy
- Lumbar stabilisation
- Spondylolysis
- Spondylolisthesis





Туре	Description	Product Code
Made to Measurement	Bivalve unfinished	CTLSO-BU
Made to Measurement	Bivalve finished with straps	CTLSO-BWS
Made to Measurement	Single opening - unfinished	CTLSO-SOU
Made to Measurement	Single opening - finished with straps	CTLSO-SOFWS

When ordering, please refer to the Custom Spinal Measurement Form on page 83.

Custom Scoliosis Brace



Features and Benefits

A scoliosis brace is an orthotic device used to prevent the continual advancement of spinal incurvation. Steeper's USA supplier's technology has increased the comfort level of these specialised back braces while minimising their physical contour. These custom scoliosis braces are stronger, lighter and less bulky than any brace on the market.

Indications for Use

Idiopathic scoliosis

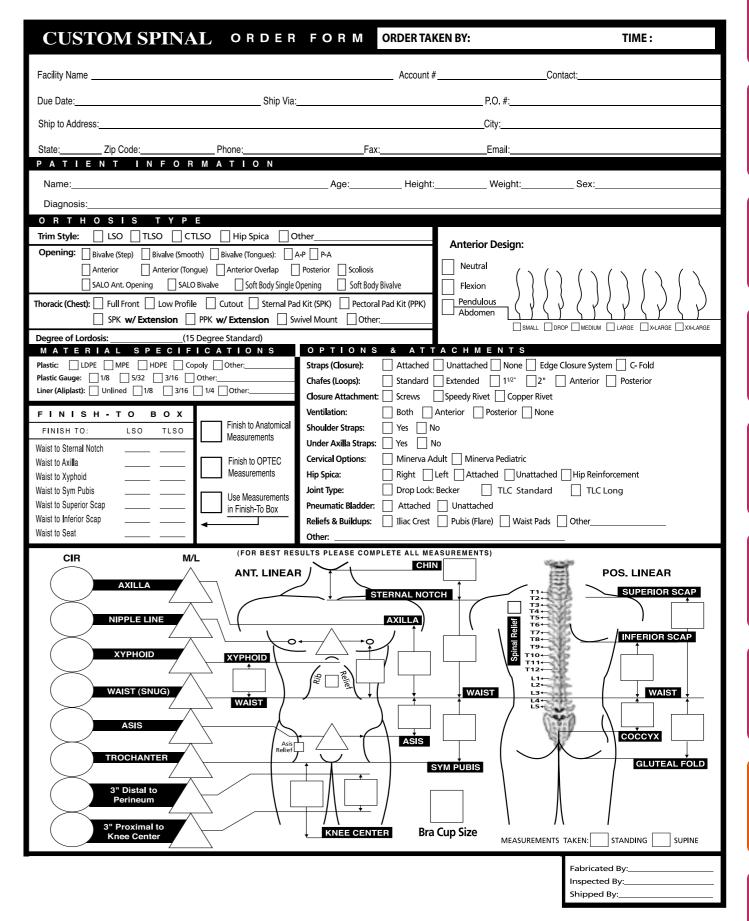
CAD/CAM & Modification Services

Steeper can manufacture your scoliosis brace utilising the latest CAD/CAM technology, to enable modification and mould carving to a patient's measurement or scanned image.* More traditional methods can also be used to fabricate custom scoliosis braces from casts or measurements. (X-rays are required for a finished scoliosis brace).

* Please note - scanned images are accurate to within one millimetre.

Scoliosis Brace - Made to Measure or Cast		
Туре	Description	Product Code
Made to Cast	CTC Scoliosis Brace finished	CTCSCOLI311
Made to Cast	CTC Scoliosis Brace unfinished	CTCSCOLI322
Made to Measurement	CTM Scoliosis Brace finished	CTMSCOLI311

When ordering, please refer to the Custom Spinal Measurement Form on page 83.



Mesh Arm Sling



Features and Benefits

- Allows for slide buckle or contact closure
- Manufactured from seamless breathable mesh material
- Measurements are sling pouch width x height

Indications for Use

 Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Size	Width/Height (cm)	Product Code
X-Small	30.5 x 12.7	21-1730
Small	38 x 15.2	21-1731
Medium	43 x 17.8	21-1732

Economiser Arm Sling



Features and Benefits

- Allows for slide buckle or contact closure for ease of application
- Manufactured from seamless lightweight muslin material; crayons included
- Measurements are sling pouch width x height

Indications for Use

Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Size	Width/Height (cm)	Product Code
XX-Small	25.4 x 10.2	21-1969
X-Small	30.5 x 12.7	21-1970
Small	38 x 15.2	21-1971

Ultra Arm Sling



Features and Benefits

- Features double d-ring hook and loop closure for ease of application and thumb loop to help prevent wrist drop
- Manufactured from seamless, lightweight, durable material with added shoulder strap pad; crayons included
- Measurements are sling pouch width x height

Indications for Use

 Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Size	Width/Height (cm)	Product Code
X-Small	30.5 x 12.7	21-1870
Small	38 x 15.2	21-1871

Ultra Shoulder Immobiliser



Features and Benefits

- Features 1½" wide waist strap for secure immobilisation and thumb loop to help prevent wrist drop
- Manufactured from seamless, lightweight, durable material with added pad for shoulder strap
- Measurements are sling pouch width x height

Indications for Use

 Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery or other shoulder-related injuries

Size	Width/Height (cm)	Product Code
XX-Small	25.4 x 10.2	23-1869
X-Small	30.5 x 12.7	23-1870

Ultra Clavicle Strap



Features and Benefits

- Features heavy duty felt centre point pad with hook and loop closure for optimal comfort
- Constructed from breathable, open cell stockinette covered foam with contact closure

Indications for Use

 Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery or other shoulder-related injuries

Size	Strap Length* (cm)	Product Code
XX-Small	38.1 - 53.3	25-1729
X-Small	43.2 - 61	25-1730

^{*} Measured from centre back, over shoulder, underarm returning to centre back

Deviation Hand Orthosis



Features and Benefits

- Terrycloth
- Headliner
- Comes with one liner
- Paediatric sizing
- Ambidextrous
- Progressively change wrist and finger positions and amount of wrist deviation by adjusting the internal frame and locking the frame's swivel with included hex wrench
- Correct or control wrist deviation motion even when changes in the position of the wrist
- Unique below the wrist swivel ability that allows for lateral and medial movements
- Accommodates for ulnar and radial deviation

Great for arthritic or neuromuscular deformities or for flaccid, weak or spastic hand conditions

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Paediatric Small	6.35 - 8.89	16.51	DH101-PS
Paediatric Medium	7.62 - 11.43	17.78	DH101-PM
Paediatric Large	11.43 - 15.24	22.86	DH101-PL

Hand-Wrist Finger Orthosis



*Shown in standard Terrycloth with finger separator attached



- Ambidextrous
- Paediatric sizing

Features and Benefits Terrycloth

Headliner

Comes with one cover

- Side wings prevent ulnar and radial deviation
- Arm cuffs easily adjust to width of arm
- Excellent resting splint to prevent trauma to joints and increases ROM
- Multi-layered for comfort
- Adjustable reinforced spine allows for easy adjustments without tools
- - Easy to clean Keeps thumb in functional position without stretching thenar eminence
- Side wings prevent ulnar/radial deviation Washable and absorbent covers help prevent skin breakdown
- Soft straps accommodate fluctuations in edema
- Arm, wrist, fingers independently adjustable
- Resists strong flexion synergy

Available to order in Comfyprene purple colour, please contact **Customer Services**

Indications for Use

• This popular splint provides support and positioning for weak or deformed hands

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Paediatric Small	6.35 - 8.89	17.78	H101-PS
Paediatric Medium	7.62 - 11.43	20.32	H101-PM
Paediatric Large	11.43 - 15.24	24.13	H101-PL

*Please note, the standard model supplied is Terrycloth.

Note: Supplied with finger separators

Hand Thumb Orthosis



Features and Benefits

- Terrycloth
- Headliner
- Comes with one liner
- Ambidextrous
- Paediatric sizing
- Adjustable thumb support
- Keeps thumb in functional position without stretching thenar eminence

Indications for Use

Excellent for patients with highly adducted thumbs

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Paediatric Small	6.35 - 8.89	17.78	HT101-PS
Paediatric Medium	7.62 - 11.43	20.32	HT101-PM
Paediatric Large	11.43 - 15.24	24.13	HT101-PL

Goniometer and Spring-Loaded Goniometer Hand Orthoses



Progressive and gradual dynamic extension or flexion in a comfortable, adjustable and removable splint form

This goniometer works in the same manner as serial casting by gradually adjusting the amount of extension. Use our patented goniometer dial to set the range of flexion and extension, the supplied Allen wrench (which fits neatly under the cover) adjusts the angle on the hinge goniometer from 0° to 180° in 10° increments.

Features and Benefits

- Any Steeper comfy splints can be made with a goniometer or spring-loaded goniometer feature added
- Blocks flexion or extension while allowing motion in opposite direction
- Can be set in a desired static position
- Re-adjustable custom fit of wrist MP, PIP and DIP joints
- Goniometer dial and metal are protected and hidden to avoid any exposed metal parts
- Spring-loaded goniometer offers the same features as the regular goniometer with the additional benefit of a spring that gently pushes extremity to the selected degree of

For further details on all the splints we can supply, please contact our Customer Services department.

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Paediatric Coloured Neoprene Wrist Brace



Features and Benefits

- Manufactured in a range of coloured neoprene
- Contrasting colourful bar casing and hook and loop fastening
- 15cm length
- Sold in single units
- Colours available: black, royal blue, navy, beige, red, day-glo orange

Indications for Use

- Healing fractures
- Healing ligament injuries

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	Up to 11.5	HL-PWN-1	HR-PWN-1
Medium	11.5 - 14.5	HL-PWN-2	HR-PWN-2
Large	14 5 - 16	HI -PWN-3	HR-PWN-3

Paediatric Coloured Elastic Wrist Brace



Features and Benefits

- Manufactured in single compression navy elastic
- Contrasting colourful bar casing and edge binding
- 15cm length
- Sold in single units

Indications for Use

- Healing fractures
- Healing ligament injuries

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	Up to 11.5	HL-PWE-1	HR-PWE-1
Medium	11.5 - 14.5	HL-PWE-2	HR-PWE-2
Large	14 5 - 16	HI -PWF-3	HR-PWF-3

Paediatric Coloured Elastic Wrist/Thumb Brace



Features and Benefits

- Manufactured in single compression blue elasticContrasting colourful bar casing and edge binding
- 15cm length
- Sold in single units

Indications for Use

- Healing fractures
- Healing ligament injuries

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	Up to 11.5	HL-PET-1	HR-PET-1
Medium	11.5 - 14.5	HL-PET-2	HR-PET-2
Large	14.5 - 16	HI -PFT-3	HR-PFT-3

Paediatric Coloured Neoprene Wrist/Thumb Brace



Features and Benefits

- Manufactured in a range of coloured neoprene
- Contrasting colourful bar casing and hook and loop fastening
- 15cm length
- Sold in single units
- Colours available: black, royal blue, navy, beige, red, day-glo orange

Indications for Use

- Healing fractures
- Healing ligament injuries

Size	Wrist Circ. (cm)	Product Code Left	Product Code Right
Small	Up to 11.5	HL-PNT-1	HR-PNT-1
Medium	11.5 - 14.5	HL-PNT-2	HR-PNT-2
Large	14.5 - 16	HL-PNT-3	HR-PNT-3

Pavlik Harness



Features and Benefits

- Strong cotton webbing with comfort padding
- Hook and loop fastening with colour coded tabs
- Soft cotton bootees
- Effective in the treatment of congenital dislocation of the hips

Indications for Use

• Indicated for babies with suspected congenital dislocation of the hip (CDH)

Size	Chest Circ. (cm)	Product Code
X-Small	38 - 44.5	PHXS
Small	44.5 - 53	PHS
Medium	53 - 60	PHM
Large	61 - 67	PHL
X-Large	68 - 77	PHXL

Paediatric Hip Abduction Splint - Standard & Adjustable



Features and Benefits - Standard Model

- · Maintains concentric reduction of hips in patients with hip dysplasia
- Replaces spica casts and harnesses for certain developmental dysplasia patients
- One-piece, non-adjustable polypropylene orthosis holds infant in 90° hip flexion and 60° abduction
- Open design facilitates nappy changes
- · Closed-cell foam lining does not retain moisture

Indications for Use - Standard Model

Indicated for patients with hip dysplasia

Features and Benefits - Adjustable Model

- Lightweight, paediatric orthosis offers advantage of abduction adjustment over the standard paediatric hip splint model described above
- Sturdy polypropylene frame set in 90° hip flexion abduction easily adjustable 40° through 180° by aluminium slotted screw assembly
- Fits infants from 3 months (6-12 lbs) to 18 months (over 30 lbs).
- More total contact than Pavlik harness
- Easy application, removal facilitates nappy changes
- Closed-cell foam does not retain moisture

Indications for Use - Adjustable Model

- Indicated for patients with hip dysplasia
- X-Large size effective for certain cerebral palsy patients

Size	Average Age	Weight Guide in (lbs)	Product Code Standard Model	Product Code Adjustable Model
X-Small	Up to 3 mths	6 - 12	B/3899	B/3906
Small	3 - 6 mths	13 - 16	B/3900	B/3907
Medium	6 - 12 mths	17 - 21	B/3901	B/3908
Large	1 year	22 - 30	B/3902	B/3909
X-Large	18 mths	30+	B/3903	B/3910

6

Mini TLC™ Hip Abduction Brace



Features and Benefits

- Prefabricated
- Material: MPE
- Pelvic band adjustable for hip development and pelvic circumference with quick release buckle closure
- Thigh cuff bivalve design adjustable to thigh proximal and distal measurements
- Breathable, washable liner absorbs perspiration and reduces heat build up
- Universal hip joint, TLC hip joint with infinite abduction/adduction & flexion/extention settings
- Available in 6 sizes

Indications for Use

- Arthoplasty
- Hip dislocation or potential high risk dislocation
- Hip displacia anterior or posterior
- Hip management/immobilisation
- Hip revision
- Hip surgery
- Post-operative
- Pre-operative
- Stabilise, align & reinforce hip

*Available to order

Size	Waist Circ. (cm)	Proximal Thigh Circ. (cm)	Distal Thigh Circ. (cm)	Product Code
XX-Small	40.6 - 45.7	29.2 - 34.3	20.3 - 25.4	*TLCMINI2S
X-Small	45.7 - 50.8	31.8 - 36.8	22.9 - 27.9	*TLCMINIXS
Small	50.8 - 55.9	34.3 - 39.4	25.4 - 30.5	*TLCMINISM
Medium	55.9 - 61	36.8 - 41.9	27.9 - 33	*TLCMINIMD
Large	61 - 66	39.4 - 44.4	30.5 - 35.6	*TLCMINILG
X-Large	66 - 71.1	41.9 - 47	33 - 38.1	*TLCMINIXL

Adjustable Abduction Bar						
Size Length of Bar (cm)						
Juvenile	34.3					
Paediatric 30.5						

Standard & Deluxe Leg Gaiters to Stock Sizes



Features and Benefits

- Available in 5 sizes and 7 lengths
- Choice of material styles
- Deluxe leg gaiter recommended for prolonged use
- Deluxe model features padded and towelling lining for a more comfortable fit

Note: Designs change seasonally and reflect customer demand, please contact Customer Services for a full list of current designs and a colour chart.



Size	Length (cm)	Top Circ. (cm)	Bottom Circ. (cm)	Product Code Standard	Product Code Deluxe
X-Small	20	18-25	13-20	BNK090220	BNK150220
X-Small	25	18-25	13-20	BNK090225	BNK150225
Small	20	24-31	15-22	BNK090320	BNK150320
Small	25	24-31	15-22	BNK090325	BNK150325
Small	30	24-31	15-22	BNK090330	BNK150330
Medium	30	31-38	18-25	BNK090430	BNK150430
Medium	35	31-38	18-25	BNK090435	BNK150435
Large	40	39-46	21-28	BNK090540	BNK150540
Large	45	39-46	21-28	BNK090545	BNK150545
Large	50	39-46	21-28	BNK090550	BNK150550
X-Large	45	46-53	24-31	BNK090645	BNK150645
X-Large	50	46-53	24-31	BNK090650	BNK150650

Made-to-Measure Leg Gaiters

Features and Benefits

- Choice of padding for prolonged use and a more comfortable fit
- Choice of fabrics
- Leg immobilisation



UFOTM



Features and Benefits

Introducing an improved prefabricated night splint for the effective treatment of plantar fasciitis and achilles tendinitis. The UFO™ comfortably supports the affected foot in a controlled amount of dorsiflexion, applying a Low Load Prolonged Stretch [LLPS] to the soft tissues of the plantar fascia and achilles tendon. LLPS promotes gentle stretching, healing and re-modeling of these tissues, effectively reducing the stress and pain caused by inflammation and tissue shortening. Such support can help break the cycle of injury, pain and re-injury due to otherwise unlimited contraction and deformity of the soft tissues at night.

- The simple variable dorsiflexion design allows the patient to quickly and easily adjust the amount of applied stretch to provide the most effective pain relief
- Adjustable bilateral dorsiflexion assist straps
- CoolFoam™ replaceable liner wicks moisture away from the skin for enhanced hygiene

Indications for Use

- Plantar fasciitis
- Achilles tendonitis

Size	Footplate Length (cm)	Brace Height (cm)	Product Code
Small	14	16.5	B/3614
Medium	17	25	B/3615
Large	19	26.5	B/3616
Custom	N/A	N/A	B/310/PE

Paediatric A-Boot



Features and Benefits

- Washable, soft fleece-lined cover wicks away moisture away from the skin to maintain skin integrity and allows heel to float, thus eliminating pressure of friction on the heel and enhancing blood circulation
- Rubber sole with non-slip surface provides a walking base so patients can walk comfortably
- The splint frame resists plantar flexion while providing a dynamic push toe extension for the correction of foot drop, foot ankle contractures and deformity
- The adjustable toe post relieves pressure on the toes and adjusts to accommodate a variation of foot sizes
- Rotation bar can be positioned to the side to control hip and leg rotation
- An extender kit is available for patients with increased calf and foot circumference and or edema
- Universal sizing to reduce stock holding

Indications for Use

• For the patient who requires positioning but can also transfer and ambulate

Size	Foot Length (cm)	Calf Circ. (cm)	Heel to Top of Back (cm)	Product Code
Universal	12.7 - 20.3	Up to 17.9	17.78	A-BOOT-P

Universal PRAFO® Paediatric



Features and Benefits

The PRAFO® (Pressure Relief Ankle Foot Orthosis) is a totally adjustable, custom fitted AFO that can help manage many ankle/foot anomalies, offering a range of adjustable features.

- Custom-contoured aluminium heel connector bar helps to control dorsi-plantar flexion by allowing infinite, measurable adjustments
- Ergonomically designed foot plate allows the liner to be changed easily without tools
- Integral, securely fastened vibram walking base provides a shoe-type surface for ambulatory patients
- The design protects the patient around the vulnerable areas of the foot and heel and will remain so during ambulation
- · Calf and foot segments can be custom-modified to accommodate patient physiology
- Anti-rotation bar made of malleable aluminium and adjusts to control unwanted extremity rotation
- Suitable for day and night use
- Universal sizing to reduce stock holding

Indications for Use

- Pressure ulcers
- Can be used to resist the development of contracture

Size	Product Code
Universal	PRFO-550

Open Toe Cast Sandal



Features and Benefits

- Features open toes and heel for comfort and breathability
- Constructed from ribbed rocker sole with durable upper and contact closure

Indications for Use

Lower extremity casted fractures

Size	Foot Length (cm)	Product Code
XXX-Small	10.2	69-3078
XX-Small	12.7	69-3079
X-Small	17.8	69-3080

Universal Rigid Post-Op Shoe



Features and Benefits

- Features flat footbed with rigid sole to prevent excessive foot motion whilst walking
- Constructed of wood-like sole with water resistant upper and contact closure
- Universal sizing to reduce stock holding

Indications for Use

Post-operative foot protection and support

Size	Foot Length (cm)	Product Code
Universal	20.32	69-3121

Paediatric Fixed Walker



eatures and Benefits

- Easy to apply design provides stability for the lower leg with low natural heel height
- Removable washable foam liner and aluminium uprights for adjustability; fits children from 1½ to 9 years old
- Constructed of coated malleable aluminium uprights, padded liner and contact closure straps

- · Stable foot or ankle fractures
- Severe sprains or strains
- Post cast removable or as a comfortable alternative to casting

Size	Footplate Length (cm)	Age (Years)	Product Code
Small	> 15.2	1 to 2	79-1201
Large	15.2 - 19	2 1/2 to 6	79-1202
X-Large	19 - 21.6	6 1/2 to 9 1/2	79-1203



Calzamedi Footwear

Features and Benefits

- Extended stiffeners on both medial & lateral sides provide improved stability of the foot
- Lightweight rubber soles contribute to a more energy efficient gait
- · Hook and loop fastening and lace styles help children develop independent dressing skills
- Low opening style makes footwear easy to take on and off
- Extra padding around heel stiffeners improve comfort
- Fully breathable lining reduces skin irritation
- Adaptable sole provides enhanced function
- Leather uppers are durable and breathable
- Padded collars ensure a comfortable fit
- Comes with removable anatomically shaped footbeds

Indications for Use

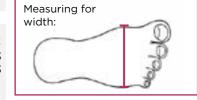
- Flexible flat feet
- Hypermobility
- Hindfoot instability
- Sensitive feet
- Children who need extra support during gait

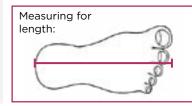
Calzamedi Footwear Style Options











Shoe	Size	Inner Shoe	Foot	Width	4	Width	6	Width	8	Width	Anti Varus	Width	DAFO
	T	Length	Length	Circ.	Width	Circ.	Width	Circ.	Width	Circ.	Width	Circ.	Width
UK	EU	cm	cm	cm	cm	cm	cm	cm	cm	cm	cm	cm	cm
1	16	10.3	9.2 - 9.7	12.7	4.8	13.7	5.2	14.7	5.6				
1.5	17	11	9.8 - 10.3	13.1	5	14.1	5.4	15.1	5.8				
2.5	18	11.7	10.4 - 10.9	13.5	5.1	14.5	5.5	15.5	5.9				
3	19	12.3	11 - 11.5	13.9	5.2	14.9	5.6	15.9	6				
4	20	13	11.6 - 12.1	14.3	5.3	15.3	5.7	16.3	6.1	15.1	5.6	17.6	6.2
5	21	13.7	12.2 - 12.8	14.7	5.4	15.7	5.8	16.7	6.2	15.5	5.8	18	6.3
5.5	22	14.3	12.9 - 13.3	15.1	5.5	16.1	5.9	17.1	6.3	15.9	5.9	18.4	6.4
6	23	15	13.4 - 14	15.5	5.6	16.5	6	17.5	6.4	16.4	6.1	18.8	6.5
7	24	15.7	14.1 - 14.7	15.9	5.7	16.9	6.1	17.9	6.5	16.8	6.2	19.2	6.6
8	25	16.3	14.8 - 15.2	16.3	5.8	17.3	6.2	18.3	6.6	17.2	6.4	19.6	6.8
8.5	26	17	15.3 -15.9	16.7	6	17.7	6.4	18.7	6.8	17.6	6.5	20	6.9
9.5	27	17.7	16 - 16.6	17.1	6.2	18.1	6.6	19.1	7	18	6.7	20.3	7
10	28	18.3	16.7 - 17.2	17.5	6.4	18.5	6.8	19.5	7.2	18.4	6.9	20.7	7.1
11	29	19	17.2 - 17.9	17.9	6.6	18.9	7	19.9	7.4	18.9	7	21.1	7.3
12	30	19.7	18 - 18.5	18.3	6.8	19.3	7.2	20.3	7.6	19.3	7.2	21.5	7.4
12.5	31	20.3	18.6 - 19.1	18.7	6.9	19.7	7.3	20.7	7.7	19.7	7.3	21.9	7.5
13.5	32	21	19.2 - 19.8	19.1	7	20.1	7.4	21.1	7.8	20.1	7.5	22.3	7.6
1	33	21.7	19.9 - 20.5	19.5	7.1	20.5	7.5	21.5	7.9	20.5	7.6	22.7	7.8
2	34	22.3	20.6 - 21.1	19.9	7.3	20.9	7.7	21.9	8.1	20.9	7.8	23.1	7.9
2.5	35	23	21.2 - 21.8	20.3	7.4	21.3	7.8	22.3	8.2	21.3	7.9	23.5	8
3.5	36	23.7	21.9 - 22.5	20.7	7.6	21.7	8	22.7	8.4	21.8	8.1	23.9	8.1
4	37	24.3	22.6 - 23.1	21.1	7.7	22.1	8.1	23.1	8.5	22.2	8.2	24.3	8.2
5	38	25	23.2 - 23.8	21.5	7.9	22.5	8.3	23.5	8.7	22.6	8.4	24.6	8.4
6	39	25.7	23.9 - 24.5	21.9	8.1	22.9	8.5	23.9	8.9	23	8.6	25	8.5
6.5	40	26.3	24.6 - 25.1	22.3	8.3	23.3	8.7	24.3	9.1	23.4	8.7	25.4	8.6

Ordering Example (for Black Leather - Lace)						
32						
4200-0101						
4						
32-4200-0101-4						

Kraemer Heel Cups



Features and Benefits

- Children's multi-layered prefabricated foot orthosis covered in Multiform A30 shore
- Thermo-mouldable reinforced base and wedge

Indications for Use

- Ligament weakness
- Sprains/strains
- Planovalgus feet

Shoe Size (EU)	Product Code	Shoe Size (EU)	Product Code
19 - 20	ZKR1-0607-19/20	31 - 32	ZKR1-0640-31/32
21 - 22	ZKR1-0607-21/22	33 - 34	ZKR1-0640-33/34
23 - 24	ZKR1-0607-23/24	35 - 36	ZKR1-0640-35/36
25 - 26	ZKR1-0607-25/26	37 - 38	ZKR1-0640-37/38
27 - 28	ZKR1-0607-27/28	39 - 40	ZKR1-0640-39/40
29 - 30	ZKR1-0640-29/30	41 - 42	ZKR1-0640-41/42

EZI-KID (Peddy) Insoles



Features and Benefits

- Dynamic insole for children
- Modular sandwich-like construction and flexible thermoformable wedge
- Soft sole to support the natural movement of the foot

Indications for Use

- Back pain
- Posture related symptoms
 - Arch pain Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet

Shoe Size (EU)	Product Code	Shoe Size (EU)	Product Code
19 - 20	ZKR1-0640-19/20	29 - 30	ZKR1-0640-29/30
21 - 22	ZKR1-0640-21/22	31 - 32	ZKR1-0640-31/32
23 - 24	ZKR1-0640-23/24	33 - 34	ZKR1-0640-33/34
25 - 26	ZKR1-0640-25/26	35 - 36	ZKR1-0640-35/36
27 - 28	ZKR1-0640-27/28	37 - 38	ZKR1-0640-37/38
		39 - 40	ZKR1-0640-39/40

Prostep



Features and Benefits

Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament. This resists the valgus rotation of the rearfoot, which is associated with pronation.

- Anti-bacterial top cover and forefront and rearfoot integral posts of 0°, 3° & 5°
- Full length or 3/4 length available

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	3/4 Medium	3/4 Firm	Full Medium	Full Firm
Kids Small	13.5 - 1.5	PSSLM-KS	PSSLF-KS	PSFLM-KS	PSFLF-KS
Kids Large	2 - 3	PSSLM-KL	PSSLF-KL	PSFLM-KL	PSFLF-KL
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS	PSFLM-XS	PSFLF-XS
Small	5 - 6	PSSLM-S	PSSLF-S	PSFLM-S	PSFLF-S
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M	PSFLM-M	PSFLF-M
Large	8 - 9	PSSLM-L	PSSLF-L	PSFLM-L	PSFLF-L
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL	PSFLM-XL	PSFLF-XL
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL	PSFLM-XXL	PSFLF-XXL

Kids Feet In Motion



Features and Benefits

These brightly coloured pairs consist of one blue (left) and one right (red) to help children learn whilst providing a functional solution.

- Medium density EVA orthosis specifically designed for children's feet
- A flat base on the standard orthotic allows for modification with wedges and components
- Insoles are available as standard or with a pre-posted heel to 5°

Indications for Use

Arch pain

- Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet
- Postural related symptoms

UK Shoe Size	EU Shoe Size	Standard Product Code	3° Product Code	5° Product Code
4	19 - 20	SC3304	SC3330	SC3350
5	21 - 22	SC3305	SC3331	SC3351
6.5	23 - 24	SC3306	SC3332	SC3352
8	25 - 26	SC3307	SC3333	SC3353
9 - 10	27 - 28	SC3308	SC3334	SC3354
10 - 12	29 - 30	SC3309	SC3335	SC3355
13 - 1	31 - 32	SC3310	SC3336	SC3356
1 - 2	33 - 34	SC3311	SC3337	SC3357

6

Trio



Features and Benefits

The Trio orthotic is designed to resist excessive valgus rotation, by inverting the calcaneus within the heel cup thereby maintaining mid tarsal joint. It also supports the proximal medial arch of the foot providing navicular stability.

- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot
- Available in 3/4 and full length posts

Indications for Use

- Plantar fasciitis
- Heel pain
- Calf strain
- Antero-medial knee pain
- Hip instability

Size	UK Shoe Size	3/4 Length Medium Density	3/4 Length Firm Density	3/4 Length Extra Firm Density	Full Length Medium Density	Full Length Firm Density	Full Length Extra Firm Density
Kids Small	12.5 - 13.5	TSLM-KS	TSLF-KS	TSLE-KS	TFLM-KS	TFLF-KS	TFLE-KS
Kids Large	1 - 2.5	TSLM-KL	TSLF-KL	TSLE-KL	TFLM-KL	TFLF-KL	TFLE-KL
X-Small	3 - 4.5	TSLM-XS	TSLF-XS	TSLE-XS	TFLM-XS	TFLF-XS	TFLE-XS
Small	5 - 6.5	TSLM-S	TSLF-S	TSLE-S	TFLM-S	TFLF-S	TFLE-S
Medium	7 - 8.5	TSLM-M	TSLF-M	TSLE-M	TFLM-M	TFLF-M	TFLE-M
Large	9 - 10.5	TSLM-L	TSLF-L	TSLE-L	TFLM-L	TFLF-L	TFLE-L
X-Large	11 - 12.5	TSLM-XL	TSLF-XL	TSLE-XL	TFLM-XL	TFLF-XL	TFLE-XL
XX-Large	13 - 14.5	TSLM-XXL	TSLF-XXL	TSLE-XXL	TFLM-XXL	TFLF-XXL	TFLE-XXL

Trio Easy Fit



Features and Benefits

Trio Easy Fit is intrinsically a 3/4 length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design. This model maintains the essential features for pronation control, including an optional biplanar rearfoot post. A medial forefoot post can be used to replace the first metatarsal cushion if required, to achieve comfort without compromising on natural movement.

Indications for Use

- Medium arches
- · Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	Product Code Medium Density
Kids	1 - 2.5	TEF-K
X-Small	3 - 4.5	TEF-XS
Small	5 - 6.5	TEF-S
Medium	7 - 8.5	TEF-M
Large	9 - 10.5	TEF-L
X-Large	11 - 12.5	TEF-XL

Starflex Blanks



Features and Benefits

A versatile polyester resin orthotic blank that is worked with hot water or a hot air gun.

- Available pre-cut to shoe size and can be moulded to a customised shape
- Very strong, yet thin and lightweight foot orthotic
- A 'posting' can be applied simply using adhesive

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Tendon pain

Paediatric Inso	le Sizes	Adult Sizes			
UK Shoe Size	Product Code	UK Shoe Size	Product Code	UK Shoe Size	Product Code
6.5	SC2014	3.5	SC2028	9	SC2042
8	SC2016	4.5	SC2030	9.5	SC2044
10	SC2018	5	SC2032	10.5	SC2046
11.5	SC2020	5.5	SC2034	11	SC2048
13	SC2022	6	SC2036	11.5	SC2050
1.5	SC2024	7	SC2038	12	SC2052
2.5	SC2026	8	SC2040		

Peapod Junior



Features and Benefits

- 1.5mm thermoplastic base offers excellent fitting compatibility in most footwear
- Heat mouldable and grindable

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
 Postural related symptoms

UK Shoe Size	Product Code	UK Shoe Size	Product Code
5	SC2502	11.5	SC2510
6.5	SC2504	13	SC2512
8	SC2506	1.5	SC2514
10	SC2508	3.5	SC2516

Control Tech Soft 3/4 Kids



Features and Benefits

 Rearfoot wedging reduces the need for excessive arch height whilst maintaining support, comfort and providing superior shock absorption

- Arch pain
- Knee pain
- Shin splints
- Tendon painBack pain
- Postural related symptoms

UK Shoe Size	Product Code
9 - 10	SC3051
10 - 12	SC3052
13 - 1	SC3053
1 - 2	SC3054

Neurotec



- Neurotec is designed to provide support under the medial arch and the peroneal notch, which gives stability to the subtalar joint and de-stabilises inversion and eversion
- The metatarsal head arch stabilises the forefoot and offloads the metatarsal heads in the forefoot
- The heel cup stabilises the heel and the toe crest dorsiflexes the toes to improve tone

Indications for Use

- Mid neurological deficit affecting the foot
- Habitual reflex deformities
 Hypertonic muscle imbalance

Size	EU Shoe Size (Shell Length cm)	Product Code	Size	EU Shoe Size (Shell Length cm)	Product Code
Α	11 (7.5)	NEUROA	K	21 (13.8)	NEUROK
В	12 (8.1)	NEUROB	L	22 (14.4)	NEUROL
С	13 (8.7)	NEUROC	М	23 (15.1)	NEUROM
D	14 (9.3)	NEUROD	N	24 (15.7)	NEURON
E	15 (10)	NEUROE	0	25 (16.3)	NEUROO
F	16 (10.6)	NEUROF	Р	26 (16.9)	NEUROP
G	17 (11.2)	NEUROG	Q	27 (17.7)	NEUROQ
Н	18 (11.8)	NEUROH	R	28 (18.3)	NEUROR
1	19 (12.6)	NEUROI	S	29 (18.9)	NEUROS
J	20 (13.2)	NEUROJ	T	30 (19.5)	NEUROT

Podo Tech Junior - 3/4 Length



Features and Benefits

- Designed especially for children
- Easily ground and heat mouldable

Indications for UseArch pain

- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size (EU)	Product Code	UK Shoe Size (EU)	Product Code
4 (19 - 20)	SC3220	13 (31 - 32)	SC3232
5 (21 - 22)	SC3222	1.5 (33 - 34)	SC3234
6.5 (23 - 24)	SC3224	3.5 (35 - 36)	SC3236
8 (25 - 26)	SC3226	5 (37 - 38)	SC3238
10 (27 - 28)	SC3228	6 (39 - 40)	SC3240
11.5 (29 - 30)	SC3230	8 (41 - 42)	SC3242

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